

Edoardo Conte

# Values

 Will	 Love	 Intelligence	 Harmony	 Knowledge	 Ideal	 Order
 Purpose	 Unity	 Diversity	 Resource	 Extension	 Revelation	 Security
 Vision	 Listening	 Contact	 Attainment	 Discipline	 Service	 Stability
 Flexibility	 Graciousness	 Honesty	 Concord	 Collegence	 Solidarity	 Balance
 Dedication	 Welcoming	 Energy	 Relationships	 Discovery	 Pursuit	 Generosity
 Faith	 Hope	 Clarity	 Temperance	 Perseverance	 Fidelity	 Justice
 Control	 Support	 Challenge	 Agreement	 Presence	 Change	 Method

to qualify Life

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*Values*

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Collection of fundamental values to become aware of the qualities to be acquired in order to regain harmony with life

English translation by Anna Vio

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## Values

To humanity thirsting for values to find direction, unity, synergy, cooperation, discovery, brotherhood, rhythm and peace.

Special thanks to “fraternity”, a consciousness growth group which, by accepting to experiment this path, has given new life to the qualities manifesting creation.

*Values are principles considered superior or preferable by individuals and communities. They are used as criteria for judging or evaluating behaviors and actions. Values qualify social and political realities, economic and legal organisations, traditions, customs and are the symbols of civilisations.*

By the same author, in print and digital editions:

**ArchetHealing**, Healing with Archetypes.

**Initiatory knowledge**, the foundations of Ancient Wisdom.

**Heart**, a journey to the centre of Consciousness.

**Creative Meditation**, ways, techniques and examples.

**Guide to the 49 Symbols of Values.**

**Cerimonial Magic.**

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### **Learning the Values**

In these times of change that prelude the arrival of the New Age of Aquarius, the tail blows of materialism are becoming more evident: the culture of the masses is flattened on formal aspects; the search for the meanings behind all the events of our existence is forgotten. This generates a degradation that barbarizes the minds, producing toxic thoughts with the tangible effects of the foul language of social networks. This, in turn, induces people to follow illusory behavioural stereotypes (eg, cyber bullying or physical and psychological violence)

The danger of brutalisation of large numbers of people, particularly the young, is aggravated by various other factors including continuing economic crises, shortage of jobs enhancing individual talents and an education based more on notions than on real Education. To educate means to guide, namely, to bring out the best part which is already within each of us, kept in the seed of value infused in us by the Creator himself.

Humanity is at a turning point and, at the same time, it is the end and the means of its evolution. Thanks to our more alert brothers, The New Group of World Servers, we are encouraged to work together with people of Good Will and rediscover a Table of Values, to shake the minds of young and old to remember, namely, to keep the fate of the world at heart. Thus contributing to turn it to the Good, restoring hope and once again affecting the paths of progress.

To each of the 7 fundamental Values, i.e. the 7 creative qua-

lities, which are also called “Rays”, similar to the 7 colours of the rainbow, corresponds one of the 7 notes of the tonal scale. This is not to appear as an arbitrary approach, for it is well known that from the initial “Words” spoken by God, Fiat lux, creation proceeds and expands like a sound wave. And the Light was, radiated by the 7 colours, each illuminating the creation with a divine quality: **Will, Love, Intelligence, Harmony, Knowledge, Ideal and Order**. These are the seven qualities or principles with which the One Life creates worlds and infuses the creatures inhabiting them with the ability to build civilisations, cultures, activities and relationships consistent with the initial Purpose.

However, the seven Creative Principles, originally perfect, undergo degradation caused by an inadequate response of human understanding due to personal selfishness, thirst for power and the pursuit of greater profits. Therefore, they end up fueling aspects opposite to the original ones. Hence the need to restore the archetypal vibration of each of the 7 creative notes within people, through a review and assimilation of the value functions which lie latent in the human soul.

### ***The Archetypes***

The seven Quality Principles are, in reality, the 7 prototypes of creative perfection or Archetypes. They manifest themselves in pairs of opposites consisting of the light reflection of an Archetype, which is high frequency, and its shadow which, on the contrary, is low frequency. Projected in the Mental, Emotional and Physical fields, they form 21 pairs of opposites plus the one that originates and merges them: the Spirit.

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We must also say that the seeds of the Archetypes are placed right inside our conscience; however, for the reasons mentioned above, we primarily manifest the shadow sides rather than the Light ones. Our evolutionary effort is in fact of gradually aligning ourselves with the Light of a Principle in order to make Good prevail over evil. Good and evil are the fundamental pair of this duality, like the profiles in light and shadow of a same face; a pair reflecting the Universal Principle of Love. Good and evil are, on the whole, related aspects, which vary from age to age, according to the evolutionary purpose. It may happen, therefore, that what is considered good in a given period is bad in another, and vice versa. Hence, Good is what is needed now for the purposes of the Evolution of consciousness, that is, what tends towards Union while respecting diversity, or, in other words, that which brings together the multitudes under a single ideal of brotherhood.

This purpose is reflected in the main pairs of opposites - mirror images of the 7 Archetypes - such as: falsehood and truth, hate and love, fear and courage, conflict and harmony, ugliness and beauty, corruption and purity, chaos and order. It explains how easy it is to fall under the dominion of the shadow and, on the other hand, our evolutionary effort to grasp the Light; this is the reason why we start from conflict to reach Harmony.

The 7 Archetypes infuse their properties on matter in all its states and forms, so as to qualify the Kingdoms of Nature, from the mineral to the animal and, in particular, to human beings.



The Principles also govern basic human activities and individual psychological types. When people are not in harmony with one of the Principles, this discrepancy generates imbalance compromising their general state of psychological, emotional and physical health. So much to highlight 7 psychological aspects or themes outlining the note of suffering or “Mask of pain” of each individual. The imbalance depends on the fact that an Archetype does not resonate within the person at the maximum frequency of its Light, but rather at the low vibration of its shadow side. To re-establish the correct frequency, it is therefore necessary that individuals are aware of which Principles they are lacking and re-establish direct contact within their personality bodies, through symbolic and imaginary evocation.

Indeed, we can assign a graphic symbol to each of the seven beginner Archetypes to represent it, and also an image that may depict it in one’s personal imagination and may resonate in each one. Thus we can tune in and gradually move through the quality force of the Archetype, so that the high vibration of its Light aspect can be regenerating. Furthermore, it is possible to identify an object of daily use, go back to its highest evolutionary function and recognise, through its form, its underlying archetypal content or meaning at a higher volute, which could be defined as spiritual or essential. Thus we discover that forms evoke Archetypes and release the corresponding strength or quality, manifesting a power the ancients knew well and were able to use in their monuments, as for example, pyramids, domes, amphitheaters, temples, obelisks and all the forms inspired by the symbols of the seven Archetypes.

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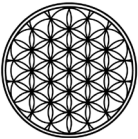
The **Arrow** is the symbol referring to Will that directs; it expresses the Spirit who projects the impulse of the Divine Purpose to manifest itself in Matter. Its function is: Directing and uplift.



A **Point in the circle** is the symbol of Love welcoming and keeping everything together. It represents the spreading of the Will to love which, at the same time, expands and delimits the space. Its function is: *Unite and support.*



The symbol of a **Triangular Star** refers to the Intelligence or sequential activity of matter. It expresses the dynamism of material forms that multiply from their initial duality. Its function is: *Discriminate and connect.*



The symbol of the **Flower of Life** well expresses the multiplicity of the vital interweaving engendering Harmony, understanding and union. Its function is: *Relate and resonate.*



The **Five-pointed star** is the symbol of Knowledge of the Divine Golden Proportion the Universe is created with; it expresses the relationship of all creatures. Its function is: *Knowing to discover.*



The **Spiral** is the symbol of Ideal. In fact, it expresses attainment of the central point from the periphery. A goal that can only be achieved with an

idealistic thrust. Its function is: *Pursue and achieve.*



The symbol in the shape of a “Temple front” expresses Order. It is composed of a triangle supported by four rectangles as columns, to signify that order is given by the Divine Triad that regulates and rhythms the four elements of matter. Its function is: *Order and find again.*

**Will** is the first Archetype indicating direction and transforming the sense of loss into Victory. Of the many imperfect directions caused by the small will of human beings, the Will of the Spirit points to the only possible direction to reach Peace from pain. It is the higher direction; the straight line that elevates us from Earth to Heaven and makes direction equal to elevating the human condition in all its aspects.

**Love** is the second Archetype, uniting everything, and transforming the pain of loneliness into inclusiveness. Of the many exclusive forms of love of human beings, Archetypal Love opens the heart to the only love that makes us recognise ourselves as brothers and sisters without any exclusion, and makes us fulfil the vital function that unites us to support each other.

**Intelligence** is the third Archetype, it enhances diversity and transforms the sense of splitting and separateness into connection. Of all intelligence used for one’s own gain, archetypal Intelligence leads us to discover the infinite connections creating synergy and cooperation.

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**Harmony** is the fourth Archetype, it produces chords and transforms the out-of-tune notes of conflicts into choral melodies. Individual harmony does not exist, except in narcissistic exaltation. True Harmony is created by the intertwining of the many voices listening to one another to tune in, so that they can resonate in unison.

**Knowledge** is the fifth Archetype, it measures things and transforms devaluation into esteem. Of all the knowledge of human beings leading to self-conceit, the archetypal Knowledge aims at discretion in finding one's personal limits, but also recognizing the talents which make us discover the truth in all its forms.

**Ideal** is the sixth Archetype, it gives us the impetus to reach our goals and transforms our sense of abandonment into participation. Of the many personal ideals resulting in fanaticism, archetypal Ideal motivates human souls towards the realisation of the perfect model, synthesised in Christ. A model of Love which has no equal and whose message echoes in every heart: "Love one another".

**Order** is the seventh Archetype, it marks the rhythm of life and transforms recklessness and inconstancy into stability. The order conceived by the personal self as a rigid scheme of things is a bad copy of the archetypal quality of the Order that tends to awaken our consciousness at a right pace, neither fast nor slow, to rediscover the flavour of life.

From these considerations we can deduce that by following

the Values Principles we tend to perfection without peril, since the Archetypes trace the path and allow us a safe step. This motivation prompted us to create a path that, through retracing the basic Values, may help us process human suffering. The latter arises from a misunderstanding of the archetypal qualities of the Divine Plan; a misunderstanding perpetrated by the deafness of human personalities and their Mental, Emotional and Etheric/Physical bodies, called “Deva” in Sanskrit. Hence, personality Devas are the real culprits for the distortion of the original creative vibrations since, according to their own evolutionary limits, they catch those vibrations in a lower and out of tune frequency, generating behaviours not in tune with the Plan of archetypal perfection. By returning the pitch to the vibrations of the Archetypes, through a path of spiritual growth, people tend to improve their negative behaviours such as vices, defects and complexes, transforming suffering into experience.

### ***The art of educating our Devas***

While being in contact with the Soul, the consciousness of individuals, or their embodied essence, is unable to convey the decisive result of that contact to the personality. This is the reason for the frustration of so many would-be disciples on the Path. From the contact with their souls, they perceive what is the cause of their personal pain but do not know how to act on their bodies to dissolve it.

Let us say, first of all, that pain is the karmic resultant revealing our personal note of suffering. Each of us has one, as unique as our karmic debts, even if that note is one of the seven notes of human suffering on the planet. Karma wants

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that, through a particular note, the individual consciousness focuses attention on its problems, which are part of the problems of Humanity and, by finding solutions to one's pain, contributes to solving them for the entire human race. This is the task of each consciousness unit, and also the reason why the One Consciousness splits or multiplies into a myriad of individual consciousnesses. As if to say: if you approach problems from multiple points of view, you get to the solution sooner!

The solution to suffering, therefore, does not depend only on contact with one's Soul but above all on the ability to produce a persuasive communication towards personal bodies or Devas. The fact is that few aspirants are thoroughly acquainted with the language of the Devas even if they suffer their activities, failing to place them under the rule of their own consciousness.

But what are the Devas and what are they for?

Deva is a Sanskrit term used to define the entities or lives giving shape to the third aspect of the Divine: Intelligence or Matter! That Matter is intelligent is demonstrated by the science of Cymatics. In the numerous experiments carried out for this demonstration, the granules randomly distributed on a vibrating plate are arranged, due to the effect of the sound, in complex and regular patterns. This capacity for coordinated movement proves that the individual granules know how to interpret the information contained in a sound vibration. Different frequencies correspond to movements of the granules so organised and precise as to form surprising mandala designs. Embroideries similar to laces, or stars

changing with a different vibratory frequency; in the sense that sound shapes intelligent matter; i.e. capable of creating non-random connections.

**Energy, Force and Substance** are the three states Divine Matter manifests itself, similarly to the three states: gaseous, liquid, solid, in which the elements manifest themselves.

The Devas have the strength to cooperate and build substantial forces, extracting them from the energy potential. For example, embodying the thoughts, emotions and actions of a consciousness embodied in a person. The activity of the Deva or mental body is, indeed, to formulate thoughts and concepts. And the activity of the emotional Deva is to formulate emotions and feelings; and that of the physical Deva is to produce actions.

What, then, is the communication problem of the people who have started a path of growth to improve their lives?

The problem lies in the fact that personal Devas have no propensity to respond to the demands of our consciousness, as they have their own specific activities memorised to satisfy karmic needs. This explains the contrast between our consciousness which is in contact with the Soul and our own Devas which, on the contrary, are not. The language of the Soul is, therefore, received by the consciousness, but that language is not suitable for commanding the Devas. If that were the case, what is understood by the consciousness would also be understood by the personal Devas and there would be no difficulty for them in changing the memorised patterns of behavior. But it is not so; this shows how difficult it is to

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transform defects into virtues. Indeed, our consciousness understands that a defect or a vice is no longer consonant with its progress, but this is not enough for the Deva concerned to change its activity. We often seal this impossibility with the expression, “*I can’t help it*”. In this case, the Deva is stronger; and our consciousness succumbs.

There is a further difficulty in communicating with the Devas: each Deva is mono-thematic and this must be taken into utmost consideration. What does this mean?

That every Deva whose activity is to build forms, has a specific memory which it expresses in a unique and repetitive behavior. The mental Deva, for instance, only builds thoughts. In turn, each thought is a minor Deva who shapes that thought and that alone.

Therefore, there exist a deva form for each thought, emotion or action. Every emotion emitted as an activity of the emotional Deva is a Deva of its own; a “child”, so to speak, of the Deva who slavishly repeats memorised activity; an activity that is ultimately a behavior activated by a specific external stimulus. Hence, being able to change the behavioural memory of that Deva means reprogramming the specific pattern to which it adheres. The reference model that the Deva has imprinted in its memory is as strong as the instinct from which an animal cannot escape. Still, that pattern brings suffering to one’s conscience. A suffering which, however, is the best way to push our consciousness to change the pattern itself, as by changing it, it will dissolve the overlying karma.

Any devic behavior that causes suffering refers to personal karma. The deva memory is invested with this function. When



one's consciousness succeeds in changing that pattern, it effectively dissolves the part of karma related to a specific theme.

The specificity of the Devas theme is clearly demonstrated by the Hierarchies of Angels of the Jewish-Christian tradition. Anghelos means messenger or servant and has the same meaning as Deva, namely, "Luminous". The Angels Hierarchies have the task of giving form to God's creation; this is their service. In a certain sense, they are the embodiment of the divine qualities manifesting creation. For this function they are depicted in concentric circles around God's Throne. Every Hierarchy, from Seraphim to Archangels, testifies to the specialisation of the building Devas according to their vibratory degree or frequency band. Archangels themselves, whose qualities are known to most, prove the specificity of action. Michael is the bearer of the divine quality of Will (first Archetype), the sword of God tracing the direction. Thus Gabriel is the torch of God's love or the incarnation of the second Archetype of Love; and Raphael brings God's medicine into being; that is, the divine aspect of Intelligence or the third Archetype; and so on.

Returning to personal Devas, they are the human personality bodies, made of vibrating matter below the planes of the Archangels. When taking into account the various complexes of a person that are part of the deva activities affecting individuals in negative ways, we find that the Deva embodying the theme or complex of inferiority due to devaluation, for example, is activated when an external impulse affects its memory stimulating it to act in that specific way, commonly referred

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to as an automatic reaction. In other words, it will engage in a conflicting behavior capable of manifesting that particular kind of suffering. All this seems incredible to the eye of the layman who believes that human beings consists only of physical bodies, acting through a brain and a sentient apparatus. Behind the appearance of human beings there are impressive aggregates of Devas that need to be harmonised so that human response to the environment does not cause pain.

We therefore come to the crucial point of this reflection. What language do Devas respond to most effectively, giving the human consciousness the possibility of interacting and, not least, of progressing? To the language of images!

The example of Cymatics reported above showed that sound creates images and that images fix, so to speak, the information contained in the sound vibration. Images are, therefore, spacial representations of the creating sound. We could thus reconnect with the definition of creation and affirm that images are: the “Lux” emerged from the primordial “FIAT”.

To understand this, we need to brush up on the Archetypes mentioned. ARCHETYPE, etymologically means beginner model or first image; from: ARCHE = Principle and TYPOS = Exemplary model.

It is clear that the first image, namely the Archetype, is the most tangible manifestation of the divine Purpose; so powerful as to put the forms in order according to His law: the Law of Creation. In this definition lies all the power of the language of model images or ARCHETYPES.

When the Soul speaks to the disciple through Its sound or “*Voice of silence*”, archetypal symbols appear on the screen

of the abstract mind. The symbol is simply a graphic transposition of the sound of an Archetype. Different symbols can lead back to the same Archetype, for symbolic representations, although universal, are contained in people's consciousness according to individual imagination and culture. And since each consciousness unit is unique, that is, different from all others (there is no individual perfectly the same as another in seven billion incarnated humans), it has the evolutionary need to transpose an archetypal symbol into an image that explain its meaning on a personal deva level.

As an example, the Archetype of Will, symbolised by an arrow pointing upwards - in the sense that the Divine function of Will is to constitute the axis of vertical direction around which the evolutionary spiral rotates - must be expressed by individuals with images that for them, and them alone, represent the directional sense that Will has on a human level. It is with this imaginative identification that an individual consciousness can fulfil the task of co-creator. If it were forced to a homologated representation, it would have no sense or purpose to exist. Through its uniqueness, an individual consciousness gives life to the multiple expression of Creation.

The language of images is, therefore, the most suitable to be immediately received by every order of Deva constructors in the frequency planes of material manifestation. This is easily demonstrated by the power of images which, as is well known, are worth more than a thousand words. We all suffer in different ways the conditioning of advertising images, the evocative power of films or the fascination of fashions. An ar-

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chitectural project is built starting from the image of a design which specifies not only the shape but also the measures and proportions. It would be difficult to realise that through verbal description alone. And again, think about how knowledge has been handed down through stone, with the graffiti of prehistoric populations and, in later times, the bas-reliefs and statues of the Egyptians, the Greeks, the Romans, up to our times. So that, not only were the traces of those civilisations left to posterity; but the peoples could receive some of the information possessed by the more learned castes. In cathedrals and castles all over the world, history and ancient knowledge are preserved in epic images, allegories and symbolic friezes in which the deeds of the great, the virtues of the saints and transcendent forces have left their marks.

And what about Science which, thanks to the discovery of mirror neurons, has proved how the transmission of behaviours can occur through empathic observation. In this way children learn by imitating the postures and habits of adults. The examples could be so many. It is no coincidence that ours is defined: “the Civilization of images”. Yet, the most convincing example concerns memory in general and, therefore, also deva memory. Let’s go back in time for a moment, to the memory of a first kiss. As is well known, the first kiss is never forgotten because it is such a vivid image that catches the eye in an instant. It comes out of the store of memory and takes shape. It is there in its immediacy, is it not? We recognise the place ... the person ... we feel a sweet emotion born in our heart. Well yes! Memory is made up of images activating emotions and thoughts; in a word, memories. All the memory contained in our brain and the planetary memory stored in

what the initiates call Akashic dimension and substance - the same magnetic substance which psychologists refer to as Collective Imagination - is composed of images. They are astral images like those of dreams. The same images that our Devas draw on. Our brain does not distinguish them from those of the so-called reality because, as Shakespeare said: *"We are made of the same substance as dreams"*.

And if so many images condition us negatively, it is equally true that, by reversing their polarity, instead of conditioning, they may free us. This can happen when we choose an image that responds to the quality of an Archetype. Through it, we can change the memory of a Deva; stimulate it to transmute our model of suffering by emulating a model of perfection; that is, one of the most appropriate Values for evolutionary purposes.

In conclusion, by learning to use the images that respond to the Archetypes, our conscience will be able to communicate the correct information to our Devas so that they can improve their behaviors and finally make them consonant with the level of consciousness we have achieved. Thus we can fulfil our task of redeeming matter, that is, raising its frequency and evolve as conscious Souls at the same time.

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### **Teaching method**

All readers of this book, like students attending a distance learning course, can search and find, in sequence: their Mantric Sounds; their Light, or rather a personal image with that particular value; their Colours, which are the intrinsic quality of their notes, and their personal Vibrations, i.e. the highest feelings that the notes inspires within oneself.

These four aspects are not random, but causal. We have already said, with the cymatics example, how sound is the motivating element of creation; and light is the ordered effect of the sound wave on formless matter. Therefore, we can understand how a Value expressed through a symbol representing the original sound of that creative quality and function, can be received and conveyed by an individual capable of drawing from it a mantric statement, a personal image, an intrinsic quality and a coherent feeling. In this way the value will be received in each personal Devas, from the mental to the physical one, giving new motivating imprints. These imprints will serve as models for reshaping the behavioural activities of those particular Devas.

Therefore, this book is a sort of guide and a personal album, where each value corresponds to a form containing a graphic symbol; the explanation of the value in its archetypal dimension; that is, at its original level of perfection, and the seed-thought to be used. So that, through meditative contemplation, the readers/students come to connect with their soul essence and then translate that contact into:

1 - writing their own mantric statement/ declaration, namely a synthetic sentence that is the motivating title for that specific value;

2 - pasting their personal image representing that value in the specific box;

3 - writing in the space provided the quality that the value expresses and communicates;

4 - writing the personal feelings flowing from the evocation of that value;

5 - taking a concrete action to impress one's awareness of that value in a daily act and describe it upon completion of each form.

In this way readers/students will discover the nature of each of the 49 fundamental values and will activate them within themselves. Each value arises from the fusion of two beginner Archetypes; that is, the quality of the essential duality of creative manifestation. Such was the Will of the Creator who wanted to split the Unity into two coexisting halves so that life could be possible and with it the dynamic movement of related currents.

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### **The two currents**

The concept of alternation of opposites steadily present in Taoism is well represented in the Yin-Yang symbol. “The night always follows the day and the day will come” recalls the verse of a well-known song from the 70s, *The World*. This concept is a synthesis of the two ways or currents that have always marked the journey of life. Not only night and not only day; rather, the accomplice alternation of the two marks the completion of the cycle between masculine and feminine; projecting an idea into space as the creative Father did, and welcoming that idea into her womb to give it form, as did the creative Mother or Mother Nature. Emission and reception alternate to launch the divine Project into space (the mother), and in that placenta give form to the creation of a new idea. The two currents are therefore not synchronous, but alternate, to allow communication between the Father and the Mother. The Father speaks and, at the same time, the Mother listens... then, the two currents are reversed. The Mother receives the word of the Father and in turn she emits the Image of that creating Sound. The creation is completed. The idea has become a concrete form and begins its work of attraction; i.e. it begins to grow.

The difficulty for us humans is to feel when it is time to emit our creative note and when to precipitate it into a tangible image-form to be expressed!

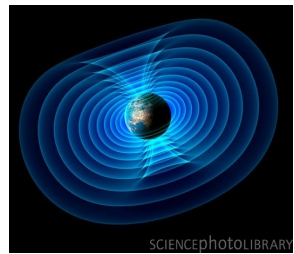
When, in other words, it is necessary to emit the thought, creating a purposeful tension ... and when that thought, in order to take shape, needs to release its psychic tension



In order to clothe itself with astral (emotional) magnetic force, and attract other minds and other hearts. Ultimately, it is necessary to know how to create the right mental tension and then surrender to life because the Mother knows how to form a child and envelop it in her magnetic force and give it birth.

By applying these two currents in the field of forces, they manifest themselves as a centrifugal force, emitted from the center towards the periphery, and a returning centripetal force which returns from the peripheral circumference to the center.

This alternation between emission and reception forms a field of magnetic forces which takes the name of toroid. All magnetic fields are formed in this way; i.e. by a polarisation of the emissive center as opposed to the opposite pole, which in this case is the spherical limit



of its expansive force. Once expanded, this force can only reverse the direction and become a centripetal force by turning the magnetic spiral back towards the center. In other words, there is an emissive white hole and a receptive black hole, both of which constitute the point of origin. This is the synthesis of duality which takes on infinite aspects also in the field of human behavior. Pleasure and pain are the effects of these two forces; but it is necessary to clarify how they work. Pleasure and pain are the extremes of the totality of a person's feelings. They are about the way we think and act. They are the two poles of our moods: an individual correspondence of Good and Evil.

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The whole evolutionary path consists in transforming Evil into Good, knowing that “*Evil makes Good triumph and Good is in reparation for Evil*”. As the golden motto of ancient wisdom says!

However, we need to understand the magic process of transmuting lead (evil) into gold (good); the art of inner alchemy. And here the Values come into play, in the form of Virtues as opposed to vices. A Value is expressed through personal behavior. It is an emotional force that involves the mind and becomes action.

If we examine the path of the force expressed by its value, we see a spiral vortex in centrifugal expansion, that is, from the centre of the toroid towards the periphery. In terms of behavior, the value expands as a feeling and from the person’s heart goes outwards, towards others. At the point of maximum expansion it reverses its course and returns as a centripetal force towards the centre of the heart, bringing to it the good it has bestowed, enriched by the gratitude of others. Obviously, even negative values convey the same way; but, unlike positive values, they bring back all the evil they have produced. There is, however, another equally important difference! When we are in pain, the forces at play swap roles. The centripetal force acts first, then the centrifugal force. In a behavioral example, we see that the path of a defect or vice such as envy, pride or avarice: of all the seven deadly sins, it is first centripetal and then centrifugal. If we carefully examine how the forces convey, we see that first there is a conveyance of the flow from the periphery towards the personal centre, i.e. from others towards oneself and then from oneself towards

the outside. In other words, a vice or defect is fed in the first instance by vampirising the energy and strength of others. Sometimes it acts from the heart ... but from a closed heart which instead of giving, wants to immediately take. Typical is the motivational attitude of the person who, for example, suffers from devaluation and blames others for their disdain; that is, it feeds on the energy of others to feed its own suffering. In this case, the people who suffer carry within themselves the judgment and lack of understanding of others to return these feelings in centrifugal force, and dispersing them through resentment and hatred.

The same dynamic involves all the other vices and defects which account for the notes of individual suffering. There are ways of suffering by defect or by excess. The victim suffers by default; the tyrant by excess; however, both suffer, and their suffering manifests itself first as a centripetal force, then as centrifugal. Victims use tyrants and blame them for their victim status; while tyrants use the victim to justify their conditions as persecutors. The cause is always to be attributed to others and never to oneself. In this way, a vicious circle is created where each of the two subjects is fed by the other.

It is clear from these examples that the correct use of forces is crucial. Life begins by expanding from a focal point towards the outside, thus creating a space of love.

The movement of growth and learning is inherent in this centrifugal movement. Once the maximum expansion is reached, life begins the reverse cycle, reaping the fruits of its expansion in a wise old age with centripetal motion, in compression towards one's interior, which serves to treasure it.

## *Values*

Therefore, Life wants good to expand like the light of the sun and make all creatures grow, illuminating evil, namely separation and suffering, so that the shadow is tamed. And, in fact, the shadow disappears. So it happens, when the sun, a loving and steadfast Father, having the shadow fulfilled its task of pushing the light to show itself, places it at his feet at noon.

Each breath begins by filling the lungs and then emptying them; if we start from full, we will get emptiness. If we start from the vacuum, we will breath in the air necessary for the life cycle. Resonating with the cycle of life, we synchronise the two currents in the correct way. We expand our qualities through the expression of values and collect and receive their meaning for our nourishment and growth. On the contrary, if we act with selfish motivation, we prey on others of their goods, but when the centripetal force becomes centrifugal - by intrinsic motion - we will scatter that booty to the wind.

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## *Values*

### **The table of Values**

Each of the seven basic archetypal Values is the manifestation of a creative quality and function. It is, therefore, the progenitor, so to speak, of a creative sequence resulting from the relationship and fusion of that value with each of the remaining six. This “conjugal” union intrinsic to duality - a model used by creation in every aspect and scale of existence - gives life to other “descendants” or notes of the same maternal octave. In other words, each Archetype/Value, in relation to the others, originates successive values in order of vibration and gradual precipitation in the density of matter, thus composing an octave that takes its name.

Therefore, the octave of the Will values and the octave of the values of Love, Intelligence, Harmony, Knowledge, Ideals, and finally, Order are formed, for a total of 7 octaves and 49 fundamental Values. This has the effect of enriching people by infusing creative qualities into their personal instruments through direct impression from the spiritual planes - the planes where the value notes vibrate at the highest frequency - to the personal ones, which will be thus qualified.

In practice, this book will be witness of the work done by the reader/student, a valid tool for growth, and also a cure and gradual healing. The discovery and acquisition of values will have a beneficial therapeutic effect on one’s mind, emotions and physical body, and will accompany the reader to face one value at a time, week after week, for a full year cycle.

	<b>Will</b>		<b>Purpose</b>		<b>Vision</b>		<b>Rectitude</b>		<b>Direction</b>		<b>Faith</b>		<b>Command</b>
	<b>Love</b>		<b>Unity</b>		<b>Listening</b>		<b>Goodness</b>		<b>Welcoming</b>		<b>Hope</b>		<b>Support</b>
	<b>Intelligence</b>		<b>Diversity</b>		<b>Contact</b>		<b>Honesty</b>		<b>Synergy</b>		<b>Charity</b>		<b>Exchange</b>
	<b>Harmony</b>		<b>Resonance</b>		<b>Attunement</b>		<b>Concord</b>		<b>Relationship</b>		<b>Temperance</b>		<b>Agreement</b>
	<b>Knowledge</b>		<b>Esteem</b>		<b>Discipline</b>		<b>Coherence</b>		<b>Discovery</b>		<b>Prudence</b>		<b>Measure</b>
	<b>Ideal</b>		<b>Devotion</b>		<b>Service</b>		<b>Solidarity</b>		<b>Pursuit</b>		<b>Fortitude</b>		<b>Charge</b>
	<b>Order</b>		<b>Beauty</b>		<b>Stability</b>		<b>Balance</b>		<b>Concreteness</b>		<b>Justice</b>		<b>Method</b>

## Values

The image on the left page shows the *Table of Values* for a total of 49 graphic symbols divided into 7 vertical octaves of which Will, Love, etc. are the founders.

Each value, as already written, is the result of the combination of two of the basic Archetypes and, therefore, it is easy to understand their meaning by overlapping the two graphic signs that compose it. The founders of each octave represent the primary symbols starting from the Will which is in truth a Will of Love, since Love is the quality function that sustains our solar system. Will, symbolised by the blood-red guiding arrow, color of the vitality of existence, is the red focal point at the center of each of the remaining six primary symbols, to signify that Will initiates and gives direction to all creation.

It must be said that the 49 symbols do not complete the sequence of values but make up the basic septenary scheme. It is an application exercise for the reader/student to refine their ability and find the many other values which, like the 49, arise from the combination of one value with the other, such as the value of respect that is the result of the value of Listening intertwined with the value of Estimation.

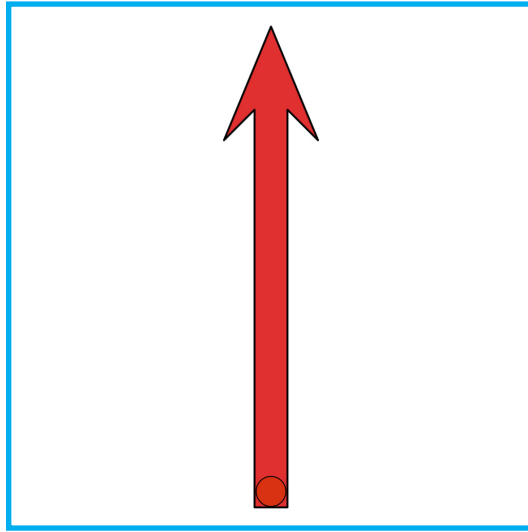
In this way, everyone will expand their own collective vision of the values that qualify life, according to their ability to grasp the quality resonances or the play of reflections that the values send back by mirroring each other; meaning that life is a great diamond with a thousand faces. What better way to see the divine Plan in its multiplicity of principles, qualities and functions.



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## *Values*

### **Octave of Will 1/1**



**Will** is the first archetypal value, its symbol is a direction arrow; it expresses the Spirit projecting the impulse of the divine Purpose to manifest itself in matter. Its color is red like vital blood. The starting point of the arrow is the center of will which originates the direction. Hence, the function of Will is to trace the straight line joining the departure to the arrival so that the route is precise and it is impossible to lose the way.

**Seed-Thought:** Will directs thought in the right direction to create new experiences.

**Keywords:** will, direction, direct, indicate, set the route, conquer, win, elevate, straight motion.

**Objects:** arrow, blade, knife, swords, daggers.

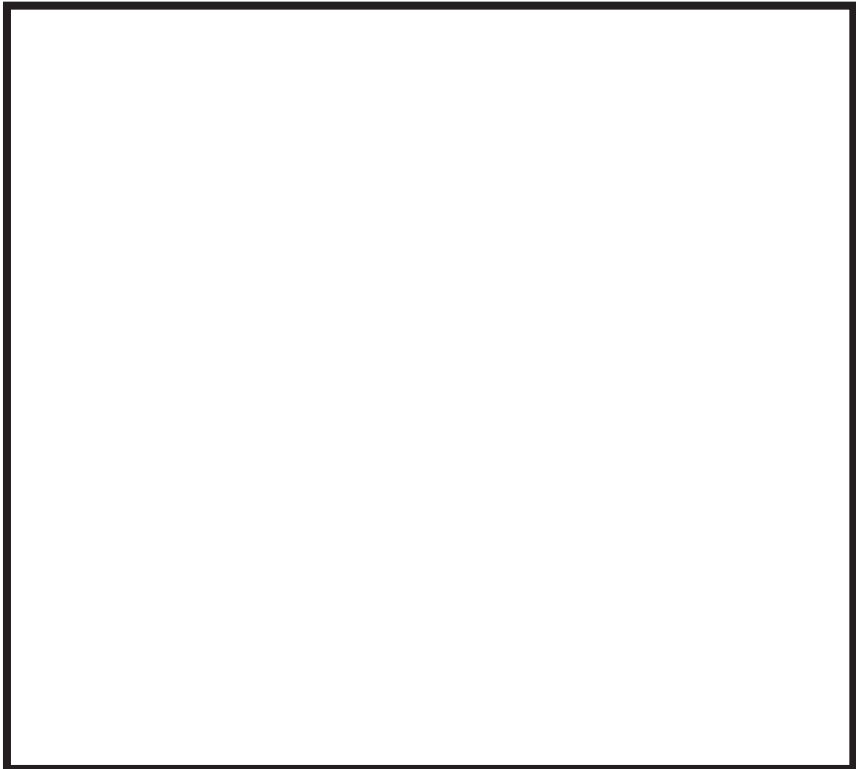
Add a synthetic phrase that evokes the Will in you and becomes your mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts the Will according to the meaning that inspires you, and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Will as you perceive it in its essential note:

---

---

---

### **Vibration**

Listen to the effect that Will has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do, to manifest the specific value of Will in your daily acts:

---

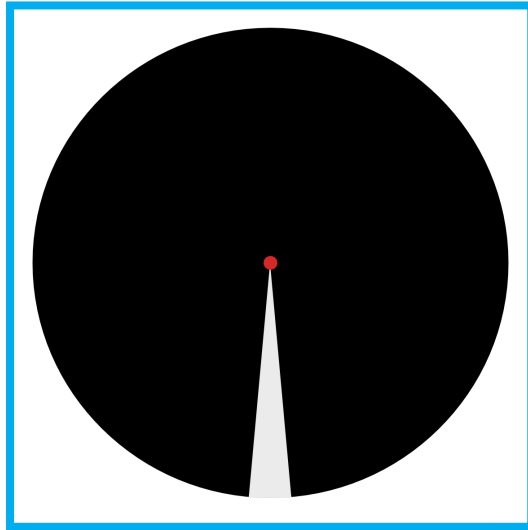
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## Values

### Purpose 1/2



The value of **Purpose** arises from the combination of a directing Will with Love, the second archetype, which radiates from the center delimiting a space of action which, from circular, becomes straight. Like a ray of sunlight, Purpose brings clarity to the choice of direction. That light illuminates the path and enlightens the purpose so that beginning and end are one. Purpose, therefore, projects the point of Will by tracing the route of Love, the place of possibilities.

**Seed-thought:** Purpose is the very will to be; the breath of a creative thought.

**Keywords:** deciding, choosing, having clear ideas, choosing the space for action.

**Objects:** bow, magic wand.

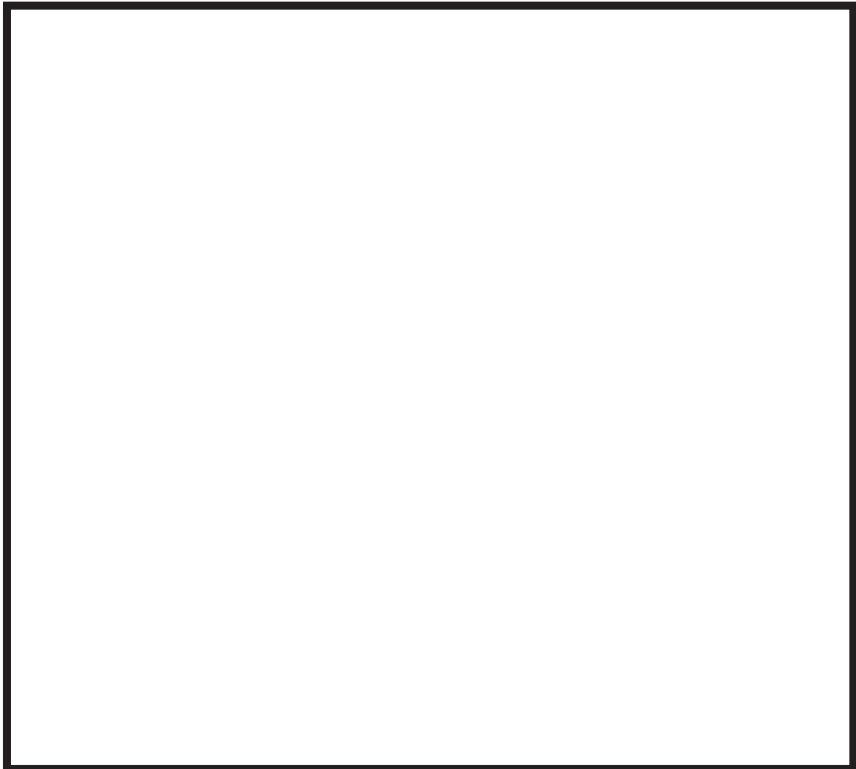
Add a short phrase that evokes Purpose in you and becomes your mantric **Sound**:

---

---

***Light***

Find an image that depicts the Purpose according to the meaning that inspires you, and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Purpose as you perceive it in its essential note:

---

---

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### **Vibration**

Listen to the effect that the Purpose has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Purpose in your daily acts:

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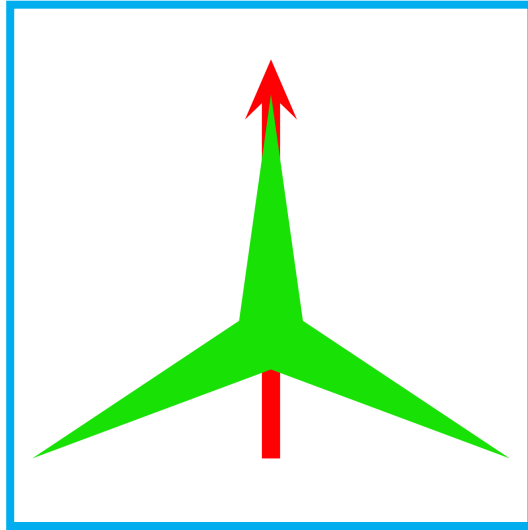
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## Values

### Vision 1/3



The value of **Vision** is the result of the fusion of a directing Will with connecting Intelligence. Thus, having Vision means connecting several points in a very specific direction, so that the gaze reaches so far as to see unexpected sceneries both from the point of view of imagination and concrete implementation of a project. At the same time, it means being able to overcome contingent obstacles, sharpening the mind beyond normal deduction, to find the solution key.

**Seed-thought:** Vision is the possible view beyond the horizon boundaries.

**Keywords:** see beyond, connect to see far, clarity, solution.

**Objects:** telescope.

Add a synthetic sentence that evokes the Vision in you and becomes your Mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts the Vision according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Vision as you perceive it in its essential note:

---

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### **Vibration**

Listen to the effect that the Vision has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Vision in your daily acts:

---

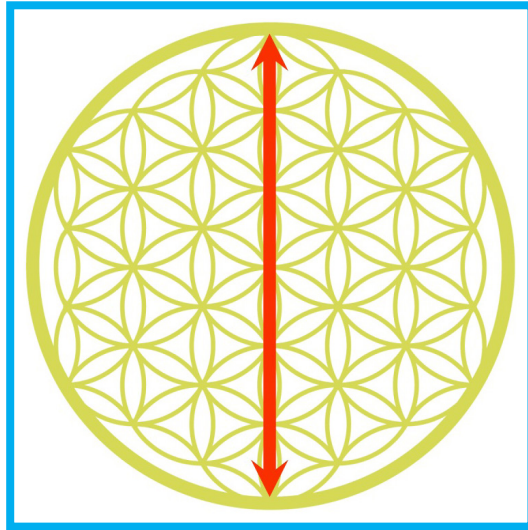
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## Values

### Rectitude 1/4



The value of **Rectitude** arises from a combination of the value of Will drawing a straight line between two extremes of the Flower of Life, symbol of Harmony. The meaning of this value is to unite Heaven and earth in a two-way communication. This communication aligns human beings to the higher Purpose of which they become faithful executors; therefore, whoever is upright in intentions, thoughts and actions behaves according to the Common Good.

**Seed-thought:** Rectitude is the line of least resistance uniting the above with the below.

**Keywords:** communication between Heaven and Earth, acting for the Common Good, alignment,

**Objects:** plumb line.

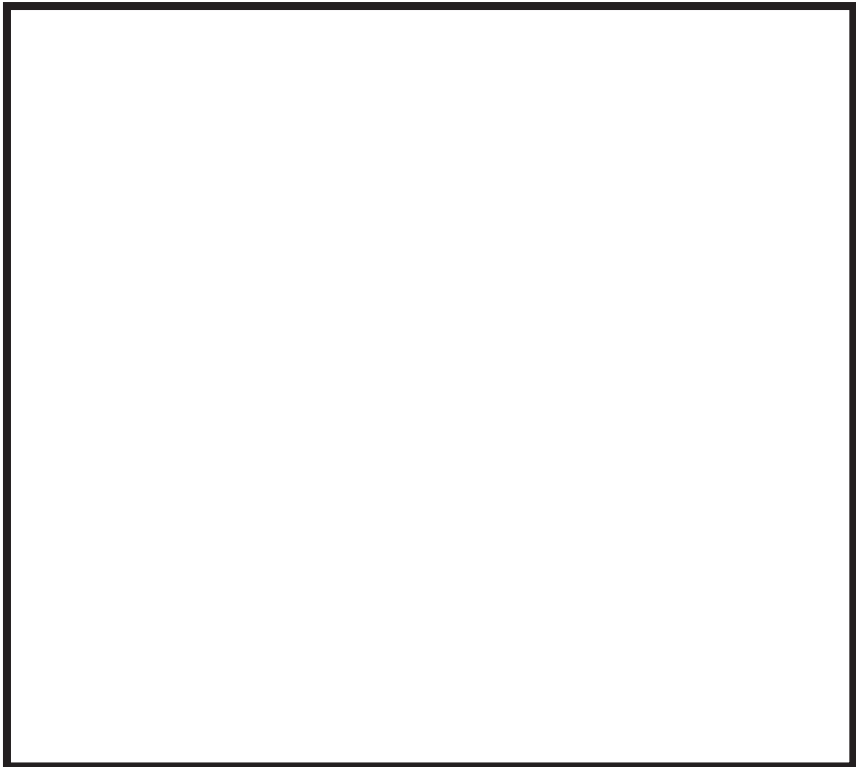
Add a short phrase that evokes Righteousness in you and becomes your Mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts Righteousness according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Righteousness as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Righteousness has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Righteousness in your daily acts:

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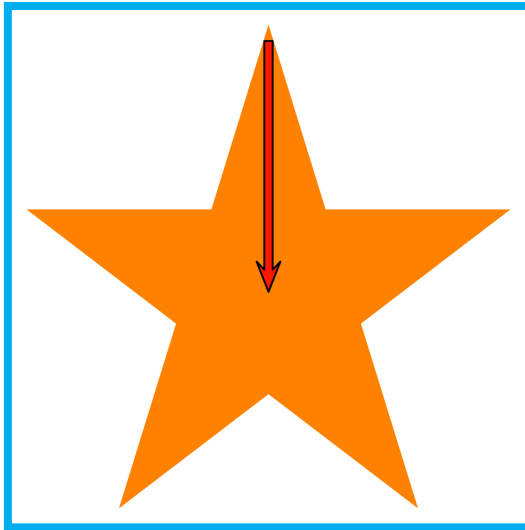
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## *Values*

### **Direction 1/5**



The value of **Direction** is the result of the fusion of a directing Will with Knowledge that measures and proportions. Directing oneself means knowing which direction to take and go so far as to find yourself at home anyway. In the sense of directing others, it implies a sense of knowing the individual elements of a whole, both of a project and a group of individuals, as well as knowing how to arrange them in a sequence, proportionate to their functions or aptitudes to obtain the best results.

**Seed-thought:** Direction is the starting point from which to trace the way back.

**Keywords:** choose a direction, to direct, follow a goal, undertake.

**Objects:** a comb, a sign directing to a place.

Add a synthetic phrase that evokes the Direction in you and becomes your Mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts the Management according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Management as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Management has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Management in your daily actions:

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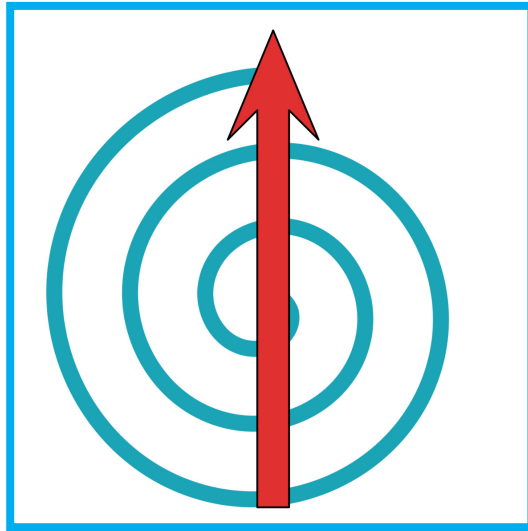
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## Values

### Faith 1/6



The value of **Faith** arises from the value of Will merging with the driving force of Ideals, symbolized by a spiral; meaning that Faith goes straight to the goal without the need for reason. People with Faith have the necessary drive to take the right direction so that their purpose is reached, implemented and served without any doubts. Like the archer who draws the bow and throw the dart with force, already knowing it is going to hit the center of the target.

**Seed-thought:** Faith is the force of truth that spreads its wings above reason.

**Keywords:** trust, rely on, certainty in the revealed truth.

**Objects:** a rosary, a lighthouse.

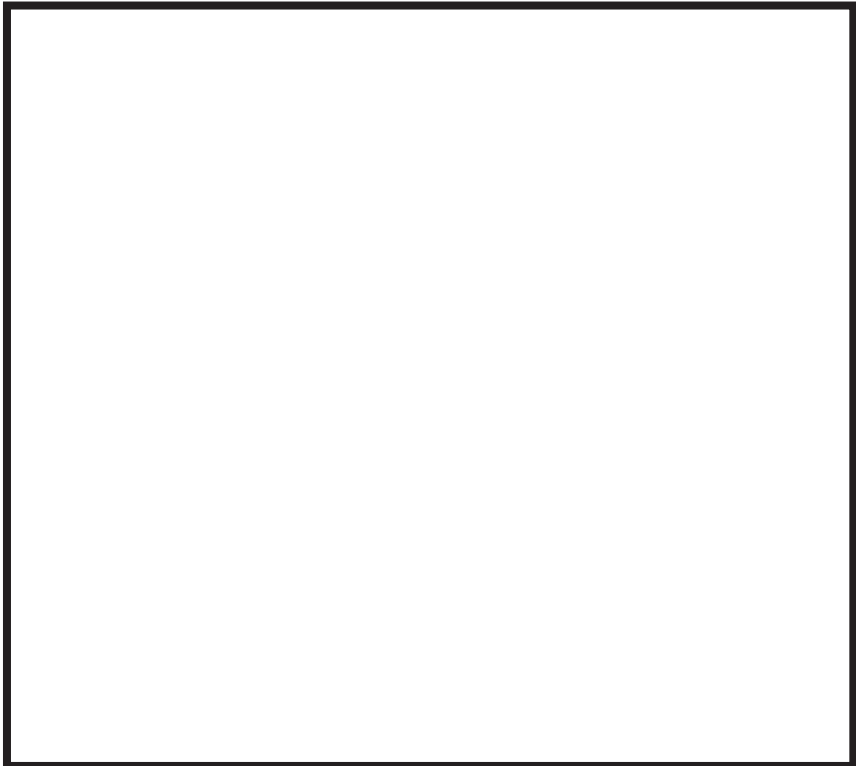
Add a synthetic phrase that evokes the Faith in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Faith according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Faith as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Faith has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Faith in your daily acts:

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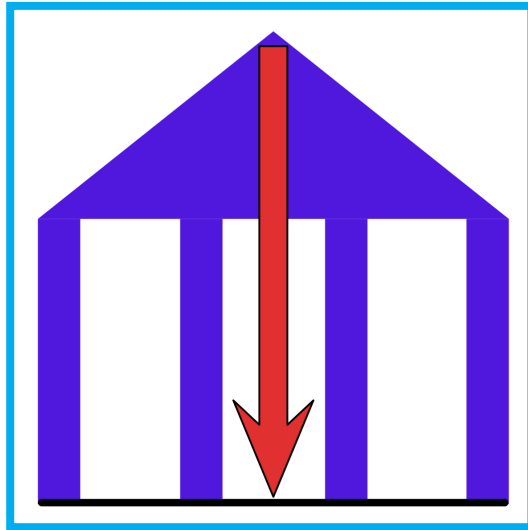
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## Values

### Command 1/7



The value of **Command** is produced by a directing Will and the value of Order which has the function of marking the rhythm, as symbolised by the columns of the temple. In fact, in order for Command to have the desired effect, it must be directed and focused like a bolt and modulated in time and space like the solemn and cadenced rhythm of parade steps on the avenue of victory. Its sound is ringing and persuasive at the same time, moved by the force of an assertive calm.

**Seed-thought:** Command is the art of shaping forms through moving words.

**Keywords:** to direct, command, expressing a clear will.

**Objects:** a whistle, a pen.

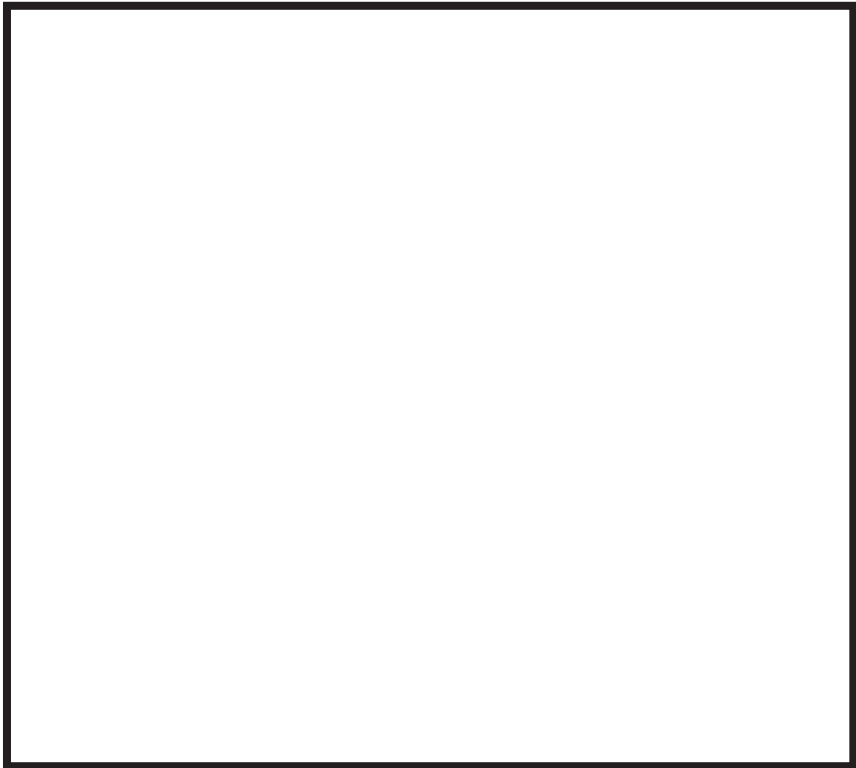
Add a synthetic phrase that evokes the Command in you and becomes your Mantric **Sound**:

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---

***Light***

Find an image on the internet that depicts the Command according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Command as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Command has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Command in your daily actions:

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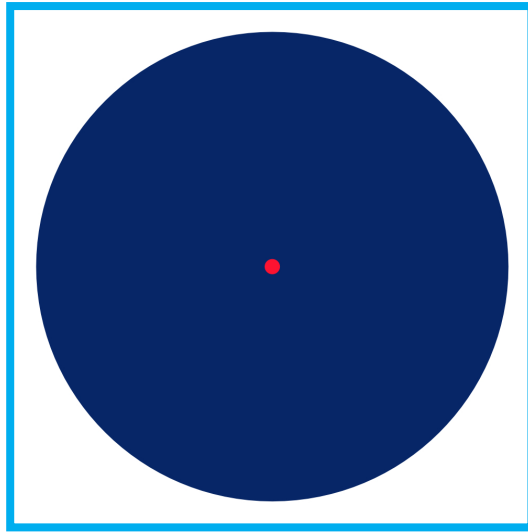
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## Values

### Octave of Love 2/1



**Love** is the second archetypal value, its symbol is the central red point of Will which expands in a circular, actually spherical, blue space. Love is essentially blue since blue is the color of the starry sky; and there is no more ancestral or welcoming image than the celestial vault. The value of Love is, therefore, that of uniting creatures to support creation in every form and order, so that everything moves in a cohesive, harmonious and protected space.

**Seed-thought:** Love is energy, force and substance attracting the parts ready to give life to the whole.

**Keywords:** unite, hope, expand, include, educate, build, circular motion, support.

**Objects:** containers, goblets, pots.

Add a synthetic phrase that evokes Love in you and becomes your mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts Love according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Love as you perceive it in its essential note:

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---

---

### **Vibration**

Listen to the effect that Love has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Love in your daily acts:

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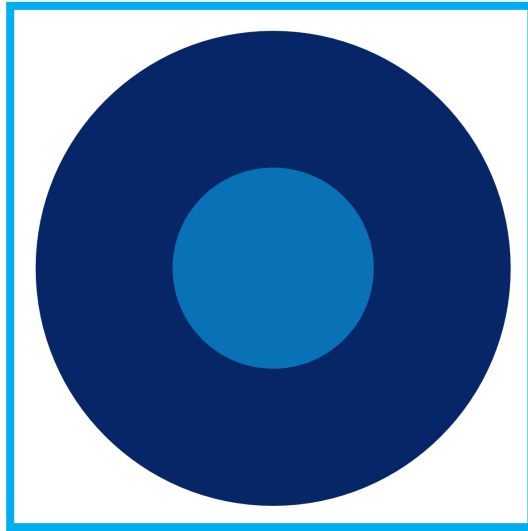
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## *Values*

### **Unity 2/2**



The value of **Unity** arises from the union of the value of Love with itself; thus, the graphic symbol is composed of two concentric circles, where the blue colour is tinged with light blue, meaning that Unity is love squared. Everything that love unites cannot be dissolved, since Unity blends intentions and safeguards and contains them in a circle which is not only a circle of affection, it is also supportive, strong and powerful. In Unity there is no distinction of gender, competence or talent; everything rotates in unison.

**Seed-thought:** Unity is the movement of love, attracting without distinguishing the pairs of opposites.

**Keywords:** unite, merge, attract, draw a whole.

**Objects:** pans, a palette.

Add a synthetic phrase that evokes unity in you and becomes your mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts the Unit according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Unit as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Unity has on you and describe what feeling flows from your heart:

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---

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Unit in your daily actions:

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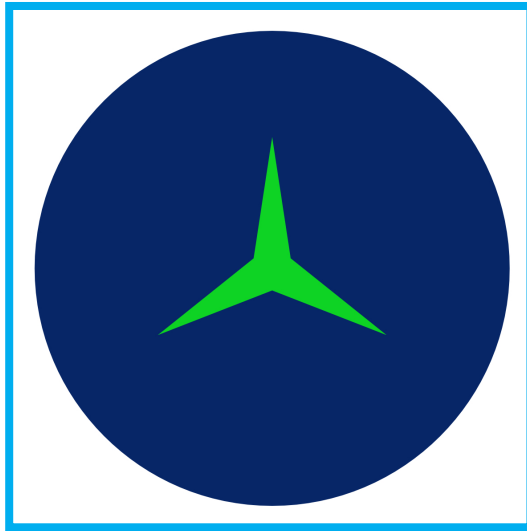
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## *Values*

### **Listening 2/3**



The value of **Listening** is the result of a fusion of welcoming Love with Intelligence that distinguishes and connects at the same time. Listening means discerning among the many sounds and many voices those that reach the heart directly. Thus, listening is not an activity of hearing, but of the higher sentient apparatus. In order to listen, you need to be silent and activate a selective attention, namely the profound connection that touches every human being and connects them to the collective Soul.

**Seed-thought:** Listening is the silent voice of Love. It arises from attention to others to the point of understanding them in all their forms.

**Keywords:** open heart, empathy, pay attention.

**Objects:** a funnel, an amplifier, loudspeakers.

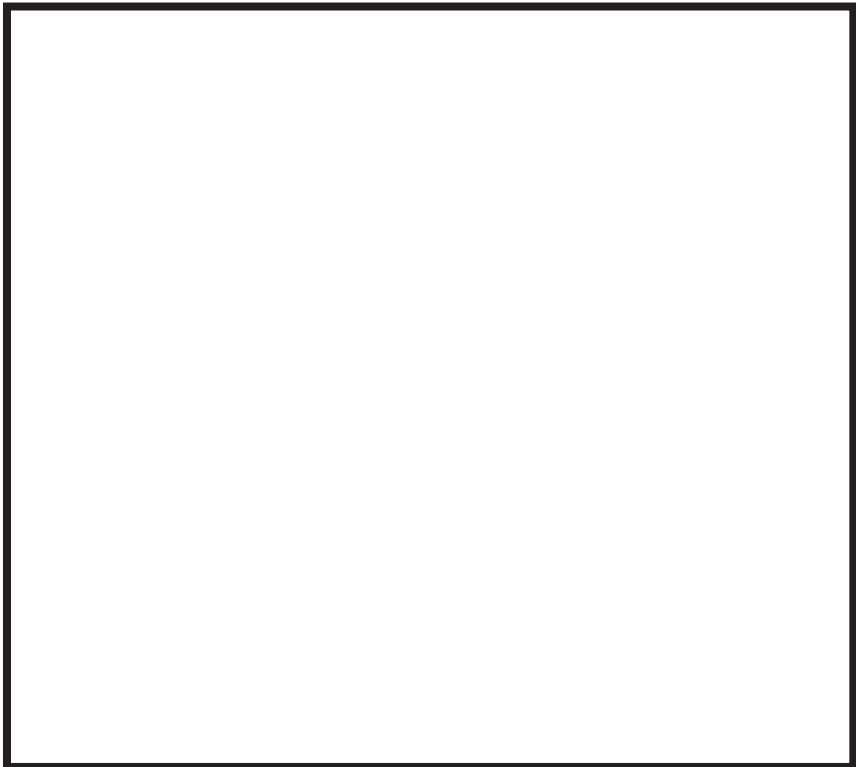
Add a synthetic phrase that evokes listening in you and becomes your mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts Listening according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the listening quality as you perceive it in its essential note:

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---

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### **Vibration**

Listen to the effect that Listening has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Listening in your daily acts:

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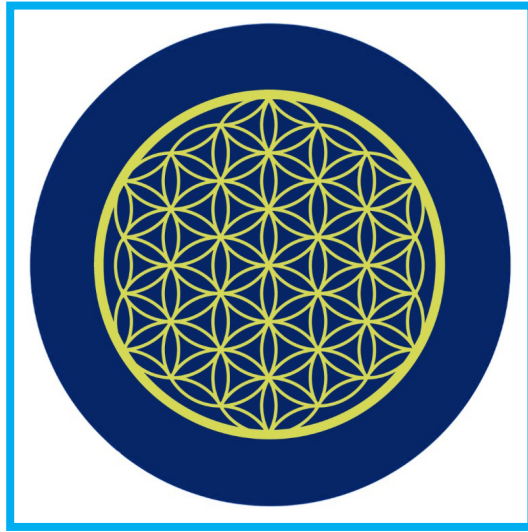
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## Values

### Goodness 2/4



The value of **Goodness** arises from the combination of the value of Love with Harmony, meaning that Goodness is a feeling that springs spontaneously in people who can grasp the profound relationship among human beings, and also between human beings and the other kingdoms of Nature. Being good is an act of responsibility towards creation; a proof of trust in life that moves people in daily actions consistent with feeling parts of a cohesive and resonant whole.

**Seed-thought:** Goodness is a movement of the heart that feels the harmonious intertwining and gives it strength.

**Keywords:** recognition of others, resonating with others, being consistent with the principles of brotherhood.

**Objects:** Tibetan bells.

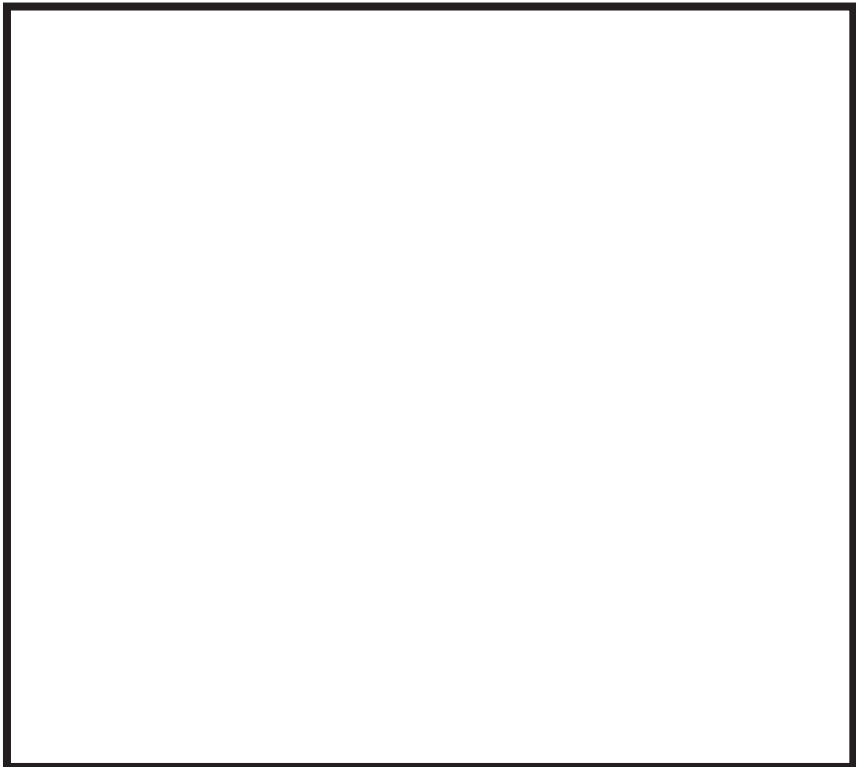
Add a synthetic phrase that evokes Goodness in you and becomes your Mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts Goodness according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Goodness as you perceive it in its essential note:

---

---

---

### **Vibration**

Listen to the effect that Goodness has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do consciously to manifest the specific value of Goodness in your daily acts:

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## Values

### Welcoming 2/5



The value of **Welcoming** is produced by Love that contains and sustains all creatures and by the value of Knowledge symbolised by the five-pointed star, or Pentalpha, which has the function of going deep into things to discover their meaning, proportions and measures. To welcome is to know the breadth of one's inner self, in order to find a place for large and small affections, according to the priorities of one's heart. A lit hearth to warm cold souls.

**Seed-thought:** Welcoming is knowing the infinite inner space where others can find a home.

**Keywords:** embrace, make room, host.

**Objects:** a cloak, boxes.

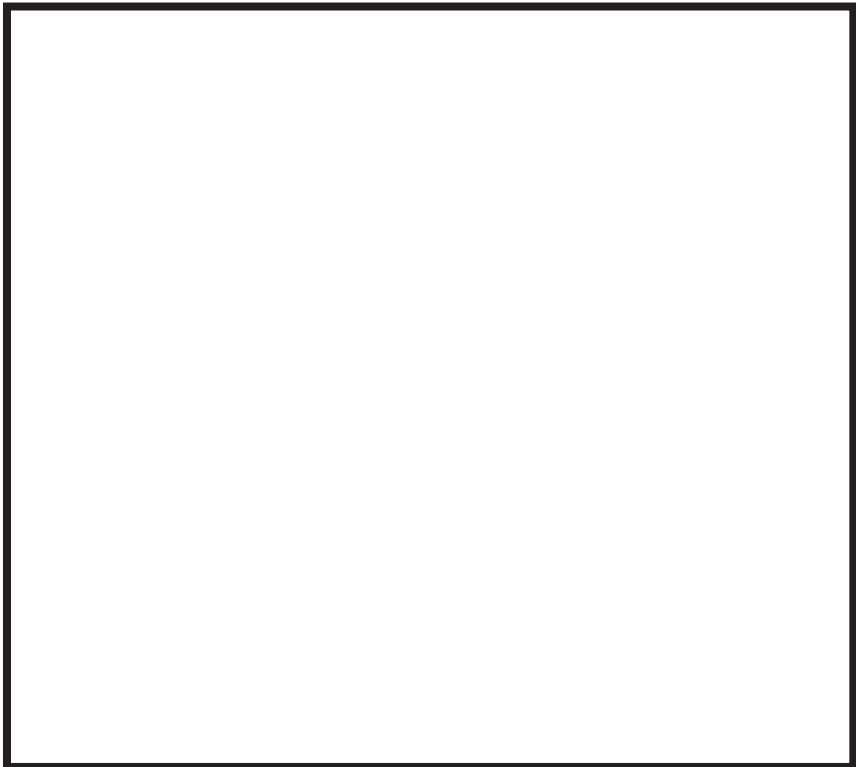
Add a synthetic phrase that evokes welcome in you and becomes your mantric **Sound**:

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---

***Light***

Find an image on the internet that depicts Hospitality according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the welcome as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Hospitality has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Hospitality in your daily actions:

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## Values

### Hope 2/6



The value of **Hope** arises from a combination of Love with the value of Ideal symbolized by a spiral. The idealistic thrust gives love an expansive force that knows no doubts or obstacles. Hope flies beyond borders, defeats the fear of the present and spreads its white robe over the vision of the future. People who hope know they will see the dawning of a bright tomorrow, dispelling the clouds of uncertainty and projecting the light of the future.

**Seed-thought:** Hope is looking beyond the horizon in the certainty of Love.

**Keywords:** look beyond the horizon, light up, the serene returns, clear sky.

**Objects:** The rainbow.

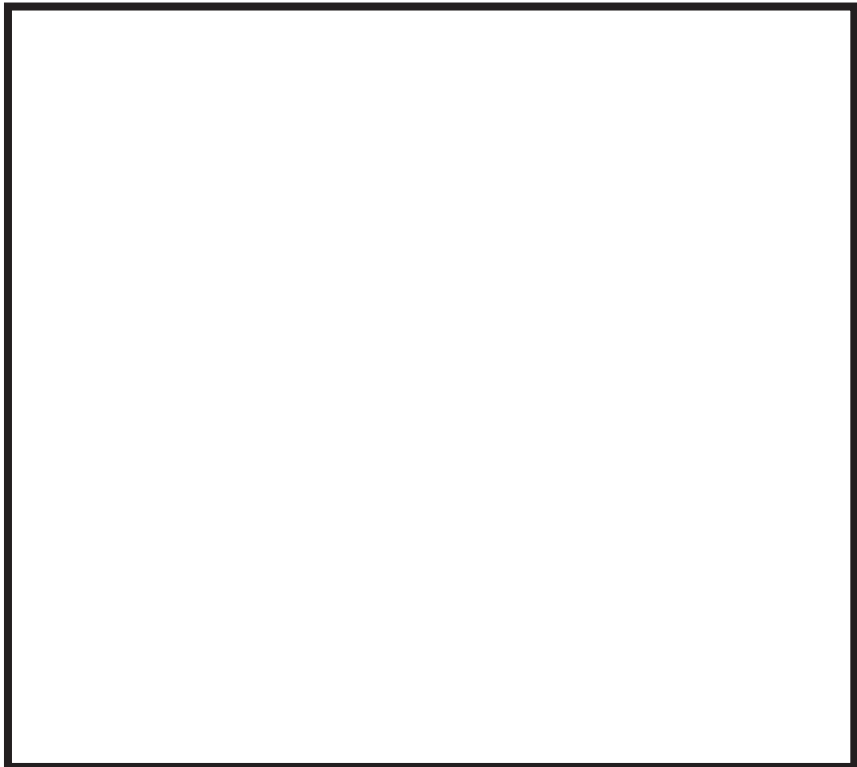
Add a synthetic phrase that evokes Hope in you and becomes your Mantric **Sound**:

---

---

***Light***

Find an image on the internet that depicts Hope according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Hope as you perceive it in its essential note:

---

---

---

### **Vibration**

Listen to the effect that Hope has on you and describe what feeling flows from your heart:

---

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---

### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Hope in your daily actions:

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## Values

### Support 2/7



The value of **Support** results from a fusion of the value of Love with that of Order which has the front of a temple as its symbol, as Order marks existence. The meaning of Support is, therefore, to act as a solid and compact platform on which the troubles of life with its overwhelming rhythms find support. Thus the walkers' cane supports their progress; neither slow nor hasty, but constant and balanced.

**Seed-thought:** Support is the power of Love that lays the foundations on which to build life.

**Keywords:** support, assist, cultivate, encourage, sow.

**Objects:** a cane, crutches.

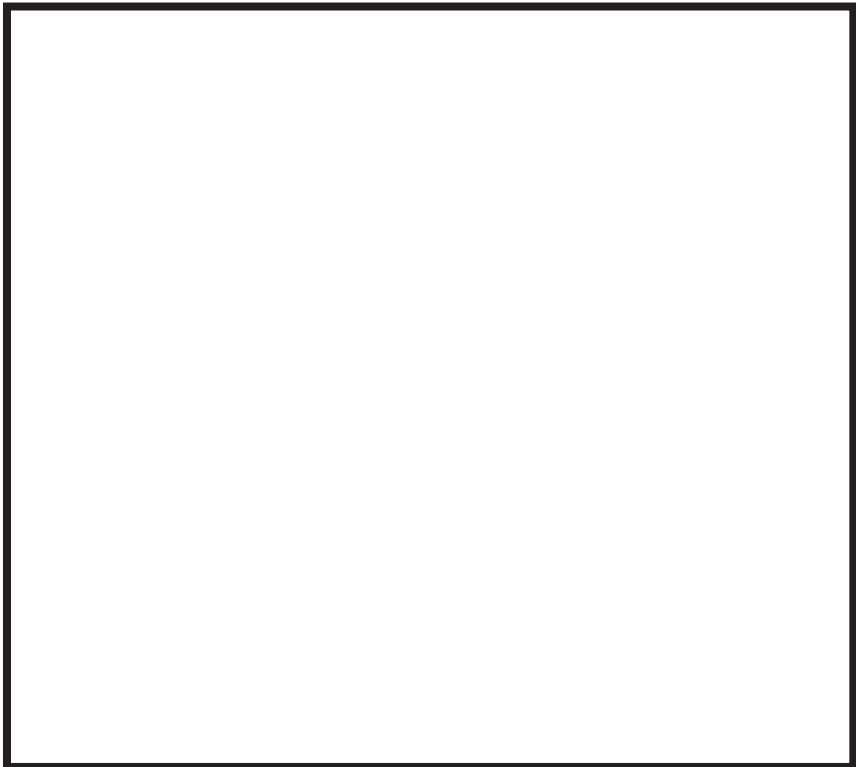
Add a synthetic phrase that evokes the Support in you and becomes your Mantric **Sound**:

---

---

**Light**

Find an image on the internet that depicts Support according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Support as you perceive it in its essential note:

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---

### **Vibration**

Listen to the effect that the Support has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Support in your daily actions:

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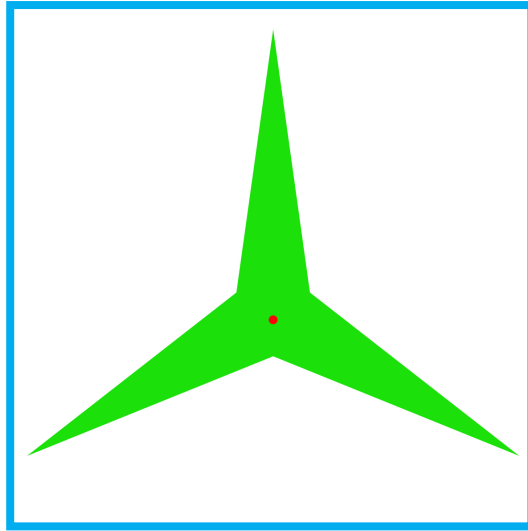
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## Values

### Octave of Intelligence 3/1



**Intelligence** is the third archetypal value and its symbol is the red dot of Will at the center of a three-pointed green star, the third of the primary colours in additive synthesis. Intelligence is the creative function of connecting focal points, such as brain neurons, in order to create synaptic sequences to reach set goals. It is the Intelligence inherent in matter that produces the molecular structures underlying vital synergistic networks. Networks connecting the whole creation.

**Seed-thought:** Intelligence is the power to build thought sequences to achieve a goal.

**Keywords:** distinguish, connect, sequence, network, alternate motion.

**Objects:** a light bulb, gear, a clock.

Add a synthetic phrase that evokes intelligence in you and becomes your mantric **Sound**:

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***Light***

Find an image on the internet that depicts Intelligence according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Intelligence as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Intelligence has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Intelligence in your daily actions:

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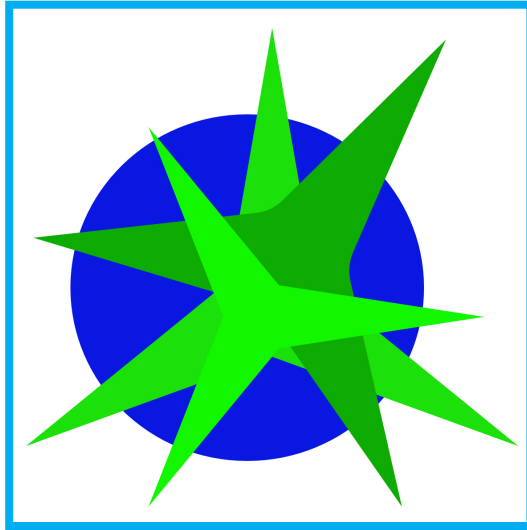
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## Values

### Diversity 3/2



The value of **Diversity** arises from the fusion of Intelligence that connects and Love that unites, keeping a coherent whole. Diversity is the richness of life and sanctions the precious creative contribution of each singularity, be it mineral, vegetable, animal or human. It is the expression of the Creator's greatness, who wants to manifest the One Truth in infinite possible facets; like the diamond that reflects the sunlight from each of its many faces.

**Seed-thought:** Diversity is the means whereby intelligence finds consistent solutions to the whole.

**Keywords:** distinguish, find solutions, connecting opposites.

**Objects:** a multi-socket power strip, colours.

Add a concise phrase that evokes Diversity in you and becomes your Mantric **Sound**:

---

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***Light***

Find an image on the internet that depicts Diversity according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Diversity as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Diversity has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Diversity in your daily actions:

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## *Values*

### **Contact 3/3**



The value of **Contact** is the result of the value of Intelligence combined with itself in a sort of neural branch. Contact is the path of least resistance uniting multiple creatures with each other so that infinite triangulations are created through which information brings knowledge. Like the constellations of the firmament which, in dialogue with each other, draw the destiny of human beings and project messages of higher visions from Heaven to earth to instill hope.

**Seed-thought:** Contact connects different entities together creating an endless continuity.

**Keywords:** connect, touch, build with different elements.

**Objects:** buildings, a handshake, a switch.

Add a synthetic phrase that evokes the Contact in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Contact according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Contact as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Contact has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Contact in your daily actions:

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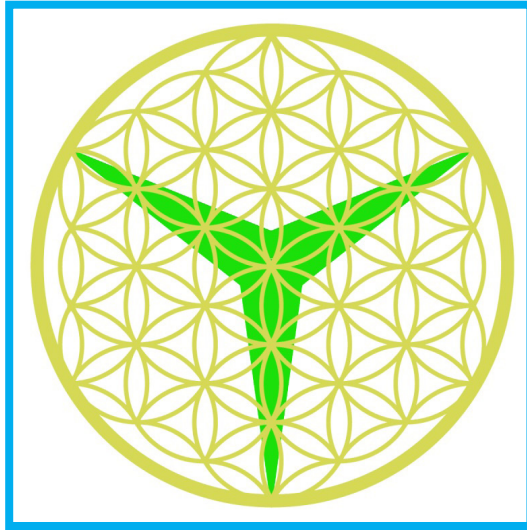
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## Values

### Honesty 3/4



The value of **Honesty** springs from the value of Intelligence that weaves connections and Harmony and whose symbol is the flower of life; namely, the sign of creative relationships. Being honest therefore means affirming one's individual responsibility to create clear and direct contacts, binding one to the other in sincere relationships including the different activities of life. How to look into one's own eyes in the mirror and, seeing oneself, see the others who are not "others than us".

**Seed-thought:** Honesty is the strength to recognise the vital intertwining that places one in front of the other.

**Keywords:** being direct, sincerity, recognizing oneself in the others, consistency, showing oneself.

**Objects:** a mirror.

Add a synthetic phrase that evokes Honesty in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Honesty according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Honesty as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Honesty has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Honesty in your daily actions:

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## Values

### Synergy 3/5



The value of **Synergy** is the result of the value of Intelligence and Knowledge joined together, meaning that Synergy connects entities and people through knowledge and, more specifically, through competence and talent. To develop Synergy, it is necessary not only to combine or add individual qualities but also find the right interlocking or the right complementary qualities of each one, in order to obtain as a result the energy multiplication.

**Seed-Thought:** Synergy arises from acknowledging the qualities of others and continue to put them to good use.

**Keywords:** cooperation, collaboration.

**Objects:** bicycle gear shifting, clock gear.

Add a synthetic phrase that evokes the Synergy in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Synergy according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Synergy as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Synergy has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Synergy in your daily actions:

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## Values

### Charity 3/6



The value of **Charity** arises from the union of the values of Intelligence and Ideals whose symbol is the whirling spiral pushing towards the goal. Unlike the concept of Christian charity, archetypal Charity expresses the meaning of connecting multiple individuals and, more deeply, placing oneself in the essential recognition that distinguishes human beings united by the same needs, desires and destinies: experiencing and elevating forms through the thrust of the Spirit.

**Seed-thought:** Charity is a spontaneous movement of the mind strengthening connections.

**Keywords:** connect deeply, donate, make your talents available.

**Objects:** adapter.

Add a synthetic phrase that evokes Charity in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Charity according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Charity as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Charity has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Charity in your daily acts:

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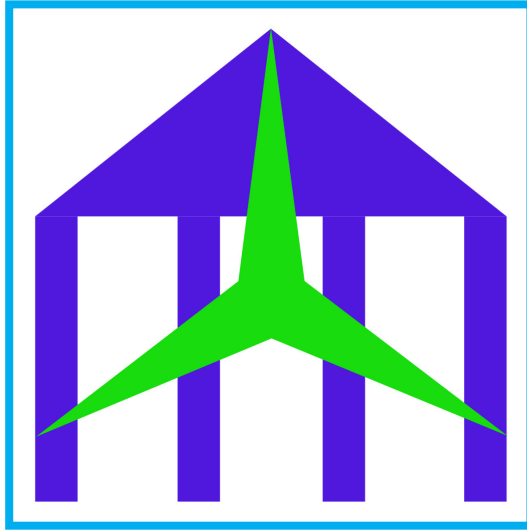
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## Values

### Exchange 3/7



The value of **Exchange** is the result of a fusion of Intelligence with the value of Order which punctuates rituality so that it becomes law. In fact, what is essential in Exchange is not so much the relationship, but the equity pact binding individuals both in cultural and commercial activities. Making exchanges means, giving each other material objects, thoughts, or affections, to which each one attaches equal subjective values.

**Seed-thought:** Exchange regulates equality relationships existing among human beings.

**Keywords:** equity, sharing, giving and receiving.

**Objects:** money, any object.

Add a synthetic phrase that evokes the Exchange in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Exchange according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Exchange as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Exchange has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Exchange in your daily actions:

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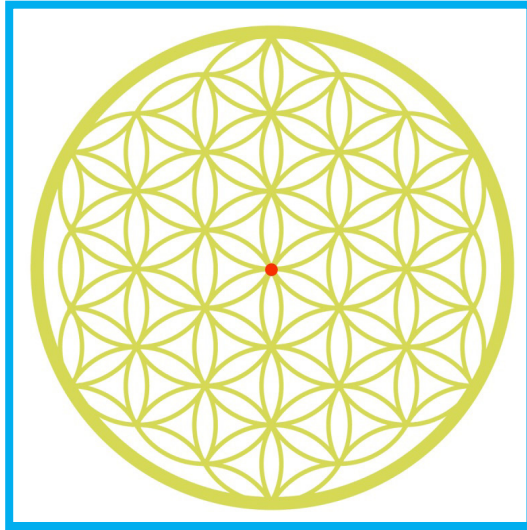
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## Values

### Octave of Harmony 4/1



**Harmony** is the fourth archetypal value, its symbol is the red point of Will at the center of the Flower of life, attention yellow, represented by 64 circles intertwining to form a matrix. It means that all creatures are in close relationships and the waves of life, emitted by each one, interpenetrate with all the others creating an interdependent network. Harmony, therefore, emanates from the tuning of personal instruments with each other's to produce choral music.

**Seed-thought:** Harmony is the art of relationships arising from the awareness that each human being plays a unique note in creation.

**Keywords:** relate, resonate, tune, converge, mediate.

**Objects:** sieves, doilies, grids..

Add a synthetic phrase that evokes harmony in you and becomes your mantric **Sound**:

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***Light***

Find an image on the internet that depicts Harmony according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Harmony as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Harmony has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Harmony in your daily acts:

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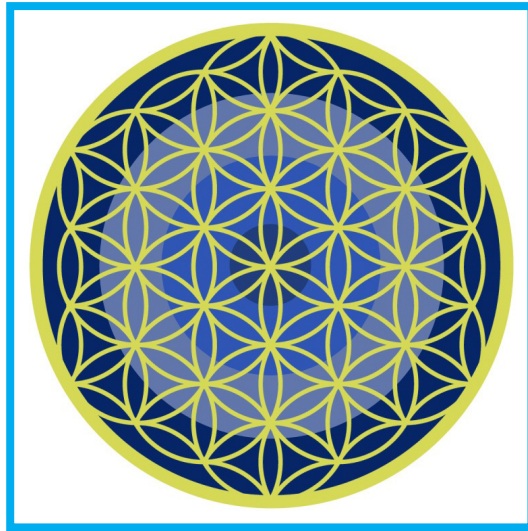
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## Values

### Resonance 4/2



The value of **Resonance** arises from the value of Harmony blended with the value of Love, creating a circle of affection; meaning that resonating is elevating one's soul by listening to the harmonics emitted by the note of the heart. The resonance wave involves like-minded people, expanding instantly out of empathy. In this way, it floods the feelings of individuals who are ready to grasp its tone. Whoever resonates, feels the strength of the cohesion to a sphere of subtle intertwining and give themselves to others with generosity, listening and understanding.

**Seed-thought:** Resonance is the echo traveling on the wave of Love.

**Keywords:** echo, spread, propagate, transmit outside.

**Objects:** musical instruments.

Add a synthetic phrase that evokes the Resonance in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Resonance according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Resonance as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Resonance has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Resonance in your daily acts:

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## Values

### Attunement 4/3



The value of **Attunement** is the result of Harmony combined with the value of Intelligence, to mean that getting in tune is responding to the intertwining of vital vibrations and, in that relationship, knowing how to choose the optimal frequency so that a common intent is brought into expression. The most evolved Tuning is when personal motivations coincide with the frequency of an Archetype, so much so as to wish to emulate it as a model of perfection.

**Seed-thought:** Attunement is the science of the Heart using the mind to find existing connections.

**Keywords:** tune, harmonise, agreement.

**Objects:** a radio, a television.

Add a synthetic phrase that evokes the Attunement in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Tuning according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Tuning as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Tuning has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Harmony in your daily acts:

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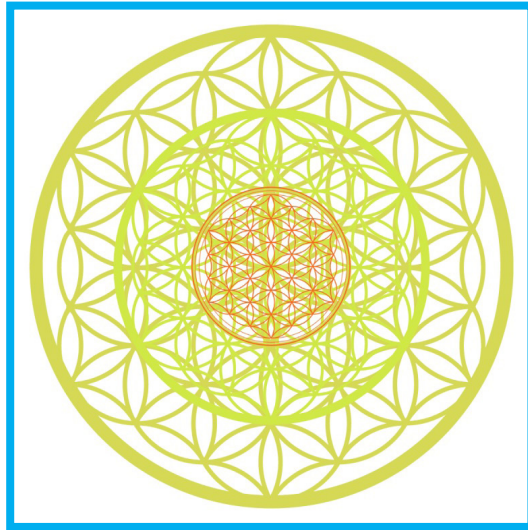
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## Values

### Concord 4/4



The value of **Concord** flows from the value of Harmony merged with itself; it means therefore, that being in agreement is a supreme act of concordance. The etymology of the term concord is, being enclosed in one heart; it concerns not only the sensitivity of feeling others, but also the strength to welcome them totally in thoughts, feelings and actions. It arises from listening to the vital intertwining and expands all around in a supportive embrace.

**Seed-thought:** Concord is the strength to listen to the heart notes vibrate together in a single voice.

**Keywords:** to agree, to be in harmony with others, reconcile.

**Objects:** harmonisers.

Add a synthetic phrase that evokes Concord in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Concordia according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Concordia as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Concordia has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Concordia in your daily acts:

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## Values

### Relationship 4/5



The value of **Relationship** is the result of Harmony in conjunction with the value of Knowledge, meaning that the Relationship among living creatures is not only an emotional interweaving but also a measure of proportions. Being in relationship is of people who necessarily know each other and share a communicative flow with roles defined in a functional and empathic way, so as to find the best relationship between the parties.

**Seed-thought:** Relationship is the art of proportion between opposites so that the large contains the small and the small is tailored to the large.

**Keywords:** roles, relate, relation, write a report.

**Objects:** Chinese boxes, matryoshka.

Add a synthetic sentence that evokes the Relationship in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Relationship according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Report as you perceive it in its essential note:

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### **Vibration**

Listen to the effect the Relationship has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Relationship in your daily actions:

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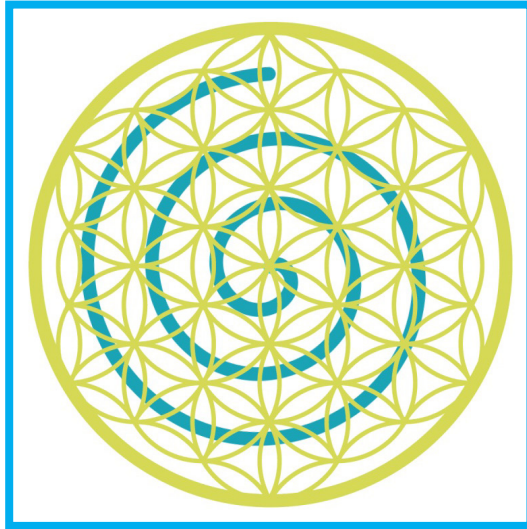
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## Values

### Temperance 4/6



The value of **Temperance** arises from Harmony combined with the value of Ideals as it pushes the forces involved to converge at a central point and find fusion there. Applying Temperance means recognizing that the function of a pair of opposites is not to oppose each other like two belligerents, but to cooperate so that the qualities of one are integrated with the qualities of the other. Dissolving emotions and feelings has the result of making relationships fluid.

**Seed-thought:** Temperance is the strength of being in the middle, between above and below, finding the center of stability.

**Keywords:** dilute, being fluid, tolerant.

**Objects:** mixer tap.

Add a synthetic phrase that evokes Temperance in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Temperance according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Temperance as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Temperance has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Temperance in your daily acts:

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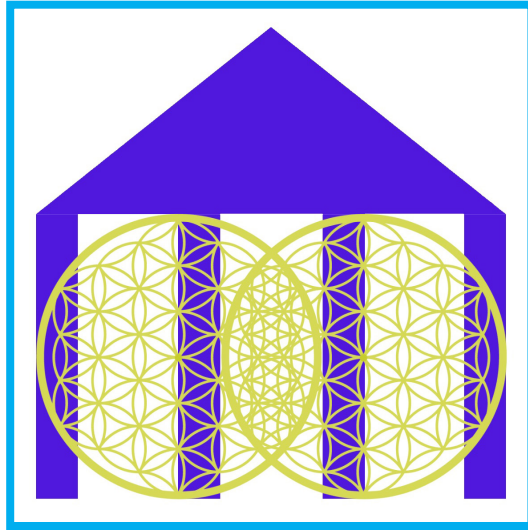
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## Values

### Agreement 4/7



The value of **Agreement** is the result of Harmony and the value of Order merged together to achieve a stable relationship according to precise rules. Indeed, in music, a Chord is made up of different notes at precise distances or intervals. Such is the orderly rhythm that makes a Chord an equanimous adjustment between distinct parts in terms of sound, tone and timbre; yet united by the same strength and the same intent; to find a common advantage.

**Seed-thought:** an Agreement establishes a pact of harmony between intervals of notes becoming stronger in the union.

**Keywords:** make a pact, agree, define roles.

**Objects:** a score.

Add a synthetic phrase that evokes the Chord in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Agreement according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Agreement as you perceive it in its essential note:

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### **Vibration**

Listen to the effect the Agreement has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Agreement in your daily actions:

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## *Values*

### **Octave of Knowledge 5/1**



**Knowledge** is the fifth archetypal value, its symbol is formed by the red point of Will at the center of a five-pointed orange star built following the formula of the golden proportion. The meaning is thus, measuring all things to find their values, numbers and significance. Knowing is the act of revealing the secret of nature but also of human thought and soul by entering the forms and thus discovering their structure and essence. The main goal of Knowledge is, however, to reveal love as a universal cause.

**Seed-thought:** Knowledge directs attention to the mystery of life.

**Keywords:** analyse, discover, reveal, measure.

**Objects:** a meter, a book.

Add a synthetic phrase that evokes Knowledge in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Knowledge according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Knowledge as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Knowledge has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Knowledge in your daily acts:

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## *Values*

### **Esteem 5/2**



The value of **Esteem** arises from Knowledge merged with the value of Love, meaning that the quality of people is defined not only by what they know but, above all, by their own ability to love life in all its aspects. There is no true knowledge without love, just as there is no esteem for oneself and others without listening to one's heart. People with self-esteem do not feel the need to prove their worth as they see it reflected in the consideration of others.

**Seed-thought:** Esteem is the certainty of the heart that knows its value as a center of truth.

**Keywords:** to consider, to value.

**Objects:** a jewellery box, jewels, Medal of Valour, brooch.

Add a synthetic sentence that evokes the Esteem in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Estimate according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Estimate as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Estimation has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Estimate in your daily actions:

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## *Values*

### **Discipline 5/3**



The value of **Discipline** is the result of Knowledge combined with the value of Intelligence in order to carry out the function of teaching through direct experience. They who accept Discipline learn to connect the effect to the cause through meaning, since Discipline has within itself the power to align body, mind, emotions and Spirit in a whole guided by consciousness. Each goal is the ripe fruit picked by a disciplined individual.

**Seed-thought:** Discipline is the learning tool combining attention and action in a single effect.

**Keywords:** alignment, practice, teaching, training.

**Objects:** a ruler, a row.

Add a synthetic phrase that evokes the Discipline in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Discipline according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Discipline as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Discipline has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Discipline in your daily actions:

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## Values

### Coherence 5/4



The value of **Coherence** springs from the value of Knowledge blended with Harmony, meaning that consistent people know the reason for every single part of a whole. Coherence arises from intention of adhering to an idea by building adequate forms to express it in reality without departing from the initial project. The quality of Coherence is to follow the common thread which, like Arianna's, ultimately leads to getting out of the labyrinth of contradiction.

**Seed-thought:** Coherence is the art of knowing the effect of each part in relation to the whole.

**Keywords:** adhesion, following a thread, manifesting a purpose.

**Objects:** Ariadne's thread.

Add a synthetic phrase that evokes Coherence in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Coherence according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Coherence as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Coherence has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Coherence in your daily actions:

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## Values

### Discovery 5/5



The value of **Discovery** is the result of Knowledge united to itself. The meaning is, therefore, to go so deeply into the knowledge of oneself and the surrounding world as to discover its hidden essence. Every Discovery adds a piece of truth to the mosaic of existence, breaking the veil of ignorance with a sudden ray of light. Like when, locked up in the darkness of the cave, you walk through its ravines until you discover the glimmer of the way out.

**Seed-thought:** Discovery is the result of experience. It arises from the depths of being to the point of revealing the mystery.

**Keywords:** discover, reveal, unveil, find new things, invention.

**Objects:** a chest, a treasure.

Add a synthetic phrase that evokes the Discovery in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Discovery according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Discovery as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Discovery has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Discovery in your daily actions:

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## Values

### Prudence 5/6



The value of **Prudence** arises from Knowledge combined with the value of Ideals, since those who are prudent, in addition to evaluating everything, are driven to emulate their inspiring models with the utmost precision. It is typical of prudent people to consider the various options for actions and choose the ones most likely to succeed. Prudence belongs to those who know their strength and can modulate it by calculating risks and dangers; achieving maximum results with minimum effort.

**Seed-thought:** Prudence is a virtue of measure. It serves to evaluate each event according to energy, strength and substance.

**Keywords:** accurately evaluate, analyse, calculate.

**Objects:** a calculator, abacus.

Add a synthetic phrase that evokes Prudence in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Prudence according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Prudence as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Prudence has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Prudence in your daily actions:

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## Values

### Measure 5/7



The value of **Measure** is the result of the values of Knowledge and Order fused together in such a way as to give rhythm to the space of empty and full. Measuring things as well as words, thoughts and emotions is the science of juxtaposition that finds junctions between above and below, long and wide, heavy and light, small and large and, last but not least the learned and the ignorant, in a game of references whose proportions reflect without contradiction the complementarity of the pairs of opposites.

**Seed-thought:** Measure determines the spatial limit of everything. It arises from the need to give space to all creatures.

**Keywords:** to measure, proportioning, proportions, compare.

**Objects:** meter, liter, clock, measuring instruments.

Add a synthetic phrase that evokes the Measure in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Measure according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Measure as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Measure has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Measure in your daily actions:

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## Values

### Octave of Ideal 6/1



**Ideal** is the sixth archetypal value and its symbol is formed by the red point of Will at the centre of a turquoise-coloured spiral, meaning that Ideal propagates his driving force like spring that clicks, pushing purposes to pursue the goal. Idealists are always projected towards models inspiring and guiding them throughout their lives, giving them the necessary energy to overcome obstacles along the way. By virtue of this, they are strong and tenacious and their hearts ride victory.

**Seed-thought:** Ideal gives the propulsive thrust to manifestation. It is the fuel of the Will.

**Keywords:** thrust, pursue, model, achieve.

**Objects:** spring, reel, a vortex.

Add a synthetic phrase that evokes the Ideal in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Ideal according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Ideal as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Ideal has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Ideal in your daily acts:

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## *Values*

### **Devotion 6/2**



The value of **Devotion** arises from Ideal and merges with the value of Love in such a way that devotees aspire to enter the magnetic spheres of their teachers, be it a teaching, a guru or idealised beings who become their centres of reference. From that sacred space, devotees draw everything as relics of truth without ever questioning them, until they themselves become simulacra of the same certainty. Thus, they act in symbiosis, to the point of identifying themselves with their examples.

**Seed-thought:** Devotion induces people to identify with ideal models.

**Keywords:** aspiration, identification, idealisation.

**Objects:** sacred icons, prayer books.

Add a short phrase that evokes Devotion in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Devotion according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Devotion as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Devotion has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Devotion in your daily acts:

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## Values

### Service 6/3



The value of **Service** is the result of Ideals combined with the value of Intelligence in order to carry out the function of encouraging people to help, according to their abilities, dispositions and talents. Placing oneself at the service of an ideal, a cause or other individuals is to deploy forces so that each one can give the best of oneself by entering into connection and cooperation with others. Service is the highest expression of the power of humankind for evolutionary purposes.

**Seed-thought:** Service is the tool whereby everyone contributes to creation according to strength and quality of actions.

**Keywords:** to help, to realise an ideal, to contribute.

**Objects:** straws, trays, cutlery, plates and glasses.

Add a synthetic phrase that evokes the Service in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Service according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Service as you perceive it in its essential note:

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### **Vibration**

Listen to the effect the Service has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Service in your daily actions:

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## Values

### Solidarity 6/4



The value of **Solidarity** springs from the value of Ideals blended with Harmony; giving life and strength to the intertwinement that binds us in relationships of brotherhood. All people share the same fate, and cry and laugh for the same reasons, no matter what latitude they are at, what language they speak or what color their skin is. Each of us responds to the same fate through a karmic debt; a debt we can only dissolve by helping each other.

**Seed-thought:** Solidarity helps us to recognise ourselves as brothers and sisters united by the same task.

**Keywords:** mutual aid, giving comfort.

**Objects:** offerings, baskets with useful gifts, ambulance.

Add a synthetic phrase that evokes Solidarity in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Solidarity according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Solidarity as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Solidarity has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Solidarity in your daily actions:

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## *Values*

### **Pursuit 6/5**



The value of **Pursuit** is the result of Ideals combined with the value of Knowledge, meaning that any goal is achievable if you know it; for whatever we have named can be dealt with and achieved. Whoever has a purpose, set goals in their minds and consequently project invisible lines between the start and finish points. The idealistic drive provides fuel to proceed so that the beginning and the end are one.

**Seed-thought:** Pursuit is the strength of the indomitable Spirit. The irresistible urge to know the goal.

**Keywords:** pursue, achieve a goal, purpose.

**Objects:** a ladder, a finish line.

Add a short phrase that evokes Pursuit in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Pursuit according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Pursuit as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Pursuit has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Pursuit in your daily actions:

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## *Values*

### **Fortitude 6/6**



The value of **Fortitude** arises from Ideals strengthened with itself; since being tenacious implies knowing how to manifest the pursued model without any doubt. Those who possess Fortitude of mind can achieve the firmness of their ideals and use it to stay firmly at the center of themselves. No calamity can move those who know what their destinies are, and can achieve them keeping them in their hearts.

**Seed-thought:** Fortitude is a virtue of inner stability. It arises from an urge to fulfil one's task and is accomplished by carrying out its will.

**Keywords:** firmness, to be steadfast, to be centered, fulfilment.

**Objects:** a belt, a safety pin.

Add a synthetic phrase that evokes the Fortress in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Fortress according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Fortress as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Fortress has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Fortress in your daily actions:

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## *Values*

### **Charge 6/7**



The value of **Charge** is the result of the values of Ideal and Order merged together, to generate the energy power necessary to precipitate ideas into substance so they can take shape. The source of Charge is consciousness itself, starting from the universal Consciousness, whose power is inherent in its function of mediation between Spirit and matter. Therefore, Charge bursts from the very activity of conscious beings when they enter the rhythm of life.

**Seed-thought:** Charge serves to regenerate energy for the creative potential.

**Keywords:** to charge, to generate energy.

**Objects:** a battery, a charger.

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Add a synthetic phrase that evokes the Charge in you and becomes your Mantric **Sound**:

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**Light**

Find an image on the internet that depicts the Office according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Office as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Charge has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Office in your daily actions:

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## Values

### Octave of Order 7/1



**Order** is the seventh archetypal value, its symbol is formed by the red point of Will dominating over the violet front of the temple; meaning that the Order makes the Higher Will law by bearing its load with the columns of Rhythm, Justice, Balance and Stability. Order is given by the rhythmic beating of life: neither fast nor slow, but constant in its alternation between night and day, or good and evil, in a complete cycle where opposites are recognized as complementary.

**Seed-thought:** Order is the instrument regulating the rhythm of life. It creates a cycle for everything: beginning, growth, and ending.

**Keywords:** order, rediscover, rhythm, organise, ritual.

**Objects:** a puzzle, a mosaic.

Add a synthetic phrase that evokes the Order in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Order according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Order as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that the Order has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Order in your daily acts:

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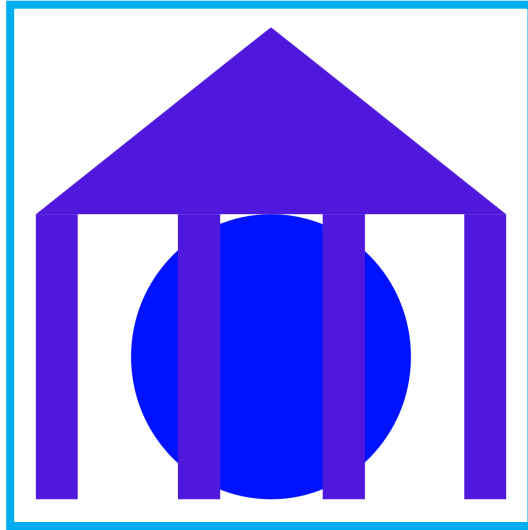
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## *Values*

### **Beauty 7/2**



The value of **Beauty** originates from Order and merges with the value of Love in such a way that all creatures are beautiful when viewed with a loving eye. There is no ugliness in creation other than what is caused by the frequency degradation of universal values. What is apparently ugly is such because the viewers do not know how to perceive the universality of that particular form; that is, they do not know how to reconnect with the Archetype of perfection of its prototype that marks its rhythm.

**Seed-thought:** Beauty is the fruit of Order and Love in equal proportions. This is why it is the salvation of the world.

**Keywords:** perfection, uniqueness.

**Objects:** gems and crystals.

Add a synthetic phrase that evokes Beauty in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Beauty according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Beauty as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Beauty has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Beauty in your daily acts:

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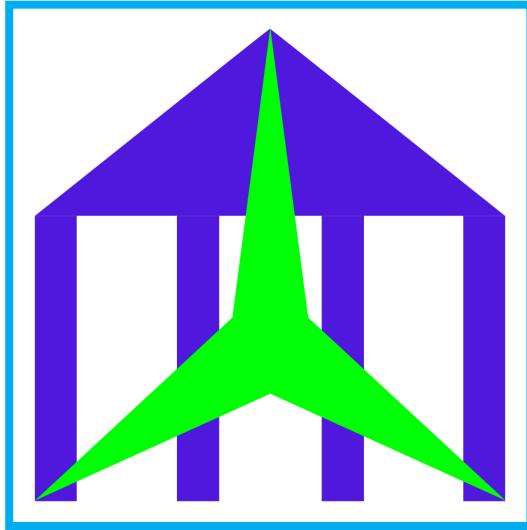
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## Values

### Stability 7/3



The value of **Stability** is the result of Order combined with the value of Intelligence, in such a way as to perform the function of stopping the oscillation of the pendulum in its midpoint. Stable people not only have found their center of gravity; but, from that place, they can observe the world flow around and, from their firm and precise point of view, distinguish things for what they are. There is no movement that is not captured in its essence by those who practice Stability.

**Seed-thought:** Stability is the single unit of rhythm. The beat that distinguishes the upbeat.

**Keywords:** stabilise, find the center of gravity.

**Objects:** tripods.

Add a synthetic phrase that evokes Stability in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Stability according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Stability as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Stability has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Stability in your daily actions:

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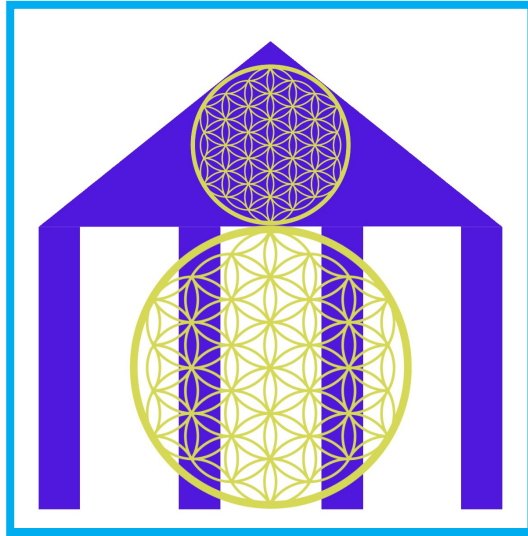
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## Values

### Balance 7/4



The value of **Balance** springs from the value of Order merged with Harmony, giving life to a rhythmic intertwining of forces mirroring each other by balancing each other. Balance does not depend on the size or even the shape of things. It is a point of relation shared by all elements of a whole. The movement of one corresponds to the simultaneous adaptation of the other, in a dance of forces listening to the rhythm of life in unison.

**Seed-thought:** Balance is the effect of perfect symmetry. It arises from duality and finds perfect stasis in its essence.

**Keywords:** to balance, equilibrate, regulate.

**Objects:** Mikado sticks.

Add a synthetic phrase that evokes balance in you and becomes your mantric **Sound**:

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***Light***

Find an image on the internet that depicts Balance according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Balance as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Balance has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Balance in your daily actions:

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## Values

### Concreteness 7/5



The value of **Concreteness** is the outcome of Order combined with the value of Knowledge, meaning that everything known has a very specific place in the individual reality. This place responds to spatial coordinates in everyone's mind; whereby each idea or concept finds concrete form in the ones who know and accept the laws of creation. As it happens with the images of stellar celestial bodies which, from the idea of God, precipitate into the cosmic soup to show miracles.

**Seed-thought:** Concreteness is the value of a rule that becomes form and tangibly remains.

**Keywords:** to be concrete, to find forms, tangible.

**Objects:** modelling clay, clay.

Add a synthetic phrase that evokes concreteness in you and becomes your mantric **Sound**:

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***Light***

Find an image on the internet that depicts Concreteness according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Concreteness as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Concreteness has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of concreteness in your daily actions:

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## Values

### Justice 7/6



The value of **Justice** arises from Order merging with the value of Ideals until the thrust of creation responds to the breath of the creator and thus finds its foundation. The righteous do not fear the law, since they know how to listen to the rhythm of life and adapt the steps to their legs, combining strength with gait. The power of Justice lies in the fact that right and wrong are compared on equal terms; but the truth always comes out as a result of its original lightness.

**Seed thought:** Justice is the force of the law. It arises from the need to find a basis on which creation can evolve.

**Keywords:** law, right.

**Objects:** a scale.

Add a synthetic phrase that evokes Justice in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts Justice according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of Justice as you perceive it in its essential note:

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### **Vibration**

Listen to the effect that Justice has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of Justice in your daily actions:

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## *Values*

### **Method 7/7**



The value of **Method** is the result of Order merged with itself, meaning that when the rhythm increases to the square, an energy flow is created outlining a precise and powerful learning path. Methodical people follow the rules of creativity resonating with inspiration and imagination, well conveyed, however, by severity and discipline. With Method, we can conquer every goal, even the most difficult, since it can find the fastest and safest way to the top.

**Seed-thought:** Method is the rule that becomes form and makes all things repeatable even if unique.

**Keywords:** rules, exactness, discipline.

**Objects:** a diary.

Add a synthetic phrase that evokes the Method in you and becomes your Mantric **Sound**:

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***Light***

Find an image on the internet that depicts the Method according to the meaning that inspires you and paste it in the box:



## Values

### **Color**

Describe in the lines below the quality of the Method as you perceive it in its essential note:

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### **Vibration**

Listen to the effect the Method has on you and describe what feeling flows from your heart:

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### **Action**

Describe a concrete action that you choose to do to manifest the specific value of the Method in your daily actions:

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[@fraternity.it](#)  
[@FraternityMeditationCenter](#)

Twitter: [@edo\\_fraternity](#)



## Edoardo Conte

Has been involved in the research of spirituality and the evolution of consciousness for thirty years. Interested in Initiatory Wisdom, in 2001 he founded Fraternity, a brotherhood movement ([fraternity.it](http://fraternity.it)), with the aim of bringing together individuals of good will to harmonize society through right human relationships. Former director and expert in theatre therapy, trainer in psychodrama and creative meditation, he is a conductor of various growth groups both online and on the national territory. He lives in Paestum (Salerno, Italy), where he periodically carries out experiential courses and workshops on personality discipline, inner wounds healing and refining perception of the subtle world.

His numerous years of experience in dealing with Soul and body imbalance have led him to publish articles and books on how to put into daily practice the truths and teachings of ancient Wisdom, and finally devise and develop the **Values table** based on the alchemical marriage of the seven creative Archetypes, or 7 Rays, that qualify the Creation.

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